

## MINIMA HALTEROPHILIE – 2026 nouvelles catégories (màj 21.05.2026)

WOMEN													GIRLS							
		SENIORS					JUNIORS						U17			U15				
CAT.	3%	World	Europe	Elite	Inter.	BEL	World U20	Europe U23	Europe U20	Elite U20	Inter. U20	BEL U20	CAT.	World	Europe	Inter.	Europe Inter.			
		Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.		Tot.	Tot.	Tot.	Tot.	Tot.		
																		41	85	68
													45	118	111	89	45	97	77	
49	50.47	165	155	143	124	105	149	143	139	128	112	95	49	129	121	97	49	105	84	
53	54.59	176	165	152	132	112	159	152	149	137	119	101	53	137	129	103	53	112	90	
57	58.71	185	173	160	139	118	167	160	156	144	125	106	57	144	135	108	57	118	94	
61	62.83	193	180	166	144	123	173	166	162	149	130	110	61	150	141	113	61	123	98	
69	71.07	204	191	176	153	130	184	176	172	158	138	117	69	159	149	119	69	130	104	
77	79.31	213	200	184	160	136	192	184	180	165	144	122	77	166	156	125	+69	136	109	
86	88.58	221	207	191	166	141	199	191	186	172	149	127	+77	172	162	129				
+86		231	217	199	173	147	208	199	195	179	156	133								

MEN													BOYS							
		SENIORS					JUNIORS						U17			U15				
CAT.	3%	World	Europe	Elite	Inter.	BEL	World U20	Europe U23	Europe U20	Elite U20	Inter. U20	BEL U20	CAT.	World	Europe	Internat.	Europe Inter.			
		Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.	Tot.		Tot.	Tot.	Tot.	Tot.	Tot.		
																		51	143	114
													55	182	171	137	55	159	127	
60	61.80	251	235	216	188	160	226	216	214	197	171	146	60	201	188	151	60	174	139	
65	66.95	269	252	232	202	171	242	232	229	211	184	156	65	215	202	161	65	187	149	
70	72.10	283	266	244	213	181	255	244	242	223	193	164	70	227	213	170	70	197	157	
75	77.25	296	277	255	222	188	266	255	252	232	202	171	75	236	222	177	75	205	164	
85	87.55	314	295	271	236	200	283	271	268	247	215	182	85	252	236	189	85	219	174	
95	97.85	329	308	284	247	210	296	284	280	258	224	191	95	263	247	197	+85	226	181	
110	113.30	345	324	298	259	220	311	298	294	271	236	200	+94	276	259	207				
+110		356	334	307	267	227	321	307	304	280	243	207								

A bodyweight margin of 3% is allowed for all international standards (not for Belgian Championships).

Depending the level of the competition BeWL will determine the standard that is needed to participate

- **World** : Standard for World championships and equivalent IWF events (for ex Olympic qualification events)
- **Europe** : Standard for the European Championships or equivalent IWF tournaments
- **Elite** : Standard for Elite level international competitions (for ex World Championships students)
- **Internat.** : Standard for medium level international competitions
- **Belgium**: Standard for National Championships (or base level for some international friendship tournaments)

**\*\*Please note:\*\*** Meeting the minimum participation requirement is a necessary condition for eligibility, but it does not guarantee participation. There are also additional conditions and restrictions, such as a maximum number of participants allowed per category.