

-53 H**EQUIPPED****Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ		110				110
BP		70				70
DL	De Greve Gianni	122.5			De Greve Gianni	122.5
TOT		305				305

Junior

LIFT	NAT		LFPH		VGPF	
SQ		150				150
BP		85	Wery Gaetan	80		85
DL		150	Wery Gaetan	140		150
TOT		385	Wery Gaetan	235		385

-59 H**EQUIPPED****Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ		135				135
BP		80				80
DL	Emmerechts Ken	150			Emmerechts Ken	150
TOT		350				350

Junior

LIFT	NAT		LFPH		VGPF	
SQ		160				160
BP	De Groote Kenny	95			De Groote Kenny	95
DL		180				180
TOT		430				430

Senior

LIFT	NAT		LFPH		VGPF	
SQ		205	Nalinne Michael	170		205
BP	Nalinne Michael	122.5	Nalinne Michael	122.5		120
DL		210	Nalinne Michael	175		210
TOT		535	Nalinne Michael	462.5		535

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ		160	Vernimmen Paul	123		160
BP		115	Vernimmen Paul	86		115
DL	Vernimmen Paul	168	Vernimmen Paul	168		150
TOT		440	Vernimmen Paul	372,5		440

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ		155	Vernimmen Paul	123		155
BP		90	Vernimmen Paul	86		90
DL	Vernimmen Paul	168	Vernimmen Paul	168		145
TOT		405	Vernimmen Paul	372,5		405

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Vernimmen Paul	123	Vernimmen Paul	123		115
BP	Vernimmen Paul	86	Vernimmen Paul	86		85
DL	Vernimmen Paul	168	Vernimmen Paul	168		120
TOT	Vernimmen Paul	372,5	Vernimmen Paul	372,5		320

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		110				110
BP		65				65
DL		110				110
TOT		300				300

-66 H**EQUIPPED****Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Mignolet Geoffrey	187.5	Mignolet Geoffrey	187.5		140
BP	Mignolet Geoffrey	130	Mignolet Geoffrey	130		100
DL	Mignolet Geoffrey	212.5	Mignolet Geoffrey	212.5	VanHerewegen Masimo	150
TOT	Mignolet Geoffrey	520	Mignolet Geoffrey	520		390

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Mignolet Geoffrey	187.5	Mignolet Geoffrey	187.5		185
BP	Mignolet Geoffrey	130	Mignolet Geoffrey	130	Wijns Maarten	125
DL	Mignolet Geoffrey	212.5	Mignolet Geoffrey	212.5	Wijns Maarten	200
TOT	Mignolet Geoffrey	520	Mignolet Geoffrey	520	Wijns Maarten	500

Senior

LIFT	NAT		LFPH		VGPF	
SQ		210	Nalinne Michael	190		210
BP	Mignolet Geoffrey	130	Mignolet Geoffrey	130		130
DL		215	Mignolet Geoffrey	212.5		215
TOT		555	Mignolet Geoffrey	520		555

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Quertinmont Jean	165	Quertinmont Jean	165		165
BP		120	Quertinmont Jean	100		120
DL	Quertinmont Jean	175	Quertinmont Jean	175		165
TOT		480	Quertinmont Jean	440		480

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Quertinmont Jean	165	Quertinmont Jean	165		160
BP		105	Quertinmont Jean	100		105
DL	Quertinmont Jean	175	Quertinmont Jean	175		155
TOT	Quertinmont Jean	440	Quertinmont Jean	440		440

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ		145				145
BP		95				95
DL		145				145
TOT		380				380

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		120				120
BP		75				75
DL		120				120
TOT		345				345

-74 H**EQUIPPED****Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Mignolet Geoffrey	240	Mignolet Geoffrey	240	Kerremans Jonathan	220
BP	Mignolet Geoffrey	152.5	Mignolet Geoffrey	152.5	Kerremans Jonathan	145
DL	Mignolet Geoffrey	240	Mignolet Geoffrey	240	Kerremans Jonathan	227,5
TOT	Mignolet Geoffrey	622.5	Mignolet Geoffrey	622.5	Kerremans Jonathan	592,5

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Ostyn Gregory	260	Ostyn Gregory	260	DeVisscher Geovanni	245
BP	De Visscher Geovanni	215	Ostyn Gregory	190	DeVisscher Geovanni	215
DL	Ostyn Gregory	285	Ostyn Gregory	285	DeVisscher Geovanni	250
TOT	Ostyn Gregory	735	Ostyn Gregory	735	DeVisscher Geovanni	710

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Ostyn Gregory	260	Ostyn Gregory	260	Van Hee Emerik	245,5
BP	De Visscher Geovanni	215	Ostyn Gregory	190	De Visscher Geovanni	215
DL	Ostyn Gregory	285	Ostyn Gregory	285	Van Hee Emerik	255
TOT	Ostyn Gregory	735	Ostyn Gregory	735	De Visscher Geovanni	710

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	220	Remy Roger	220	Vandevelde Roger	220
BP	Vandevelde Roger	145	Quertimont Jean	132.5	Vandevelde Roger	145
DL	Remy Roger	247.5	Remy Roger	247.5	Vandevelde Roger	220
TOT	Remy Roger	587.5	Remy Roger	587.5	Vandevelde Roger	580

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	220	Remy Roger	220	Vandevelde Roger	220
BP	Vandevelde Roger	145	Quertimont Jean	125,5	Vandevelde Roger	145
DL	Remy Roger	247.5	Remy Roger	247.5	Vandevelde Roger	220
TOT	Remy Roger	587.5	Remy Roger	587.5	Vandevelde Roger	580

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Vandevelde Roger	220	Remy Roger	215	Vandevelde Roger	220
BP	Vandevelde Roger	145	Bertrand Michel	112,5	Vandevelde Roger	145
DL	Remy Roger	238	Remy Roger	238	Vandevelde Roger	220
TOT	Vandevelde Roger	580	Remy Roger	550	Vandevelde Roger	580

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		160				160
BP		90				90
DL		160				160
TOT		425				425

-83 H						
EQUIPPED						
Sub-Junior						
LIFT	NAT		LFPH		VGPF	
SQ	Kerremans Jonathan	220	Strijthagen Killan	150	Kerremans Jonathan	220
BP	Kerremans Jonathan	152,5	Strijthagen Killan	110	Kerremans Jonathan	152,5
DL	VanGeeteruyen Wytse	230,5	Strijthagen Killan	205	VanGeeteruyen Wytse	230,5
TOT	Kerremans Jonathan	602,5	Strijthagen Killan	465	Kerremans Jonathan	602,5

Junior						
LIFT	NAT		LFPH		VGPF	
SQ	Penasse Tanguy	310	Penasse Tanguy	310	Kerremans Jonathan	280
BP	De Visscher Giovanni	250	Ostyn Gregory	207,5	De Visscher Giovanni	250
DL	Ostyn Gregory	292,5	Ostyn Gregory	292,5	Kerremans Joanathan	252,5
TOT	Penasse Tanguy	772.5	Penasse Tanguy	772.5	De Visscher Giovanni	760

Senior						
LIFT	NAT		LFPH		VGPF	
SQ	Penasse Tanguy	310	Penasse Tanguy	310	Kerremans Jonathan	280
BP	De Visscher Giovanni	250	Ostyn Gregory	207,5	De Visscher Giovanni	250
DL	Ostyn Gregory	292,5	Ostyn Gregory	292,5	VanDePerre Vincent	262.5
TOT	Penasse Tanguy	772.5	Penasse Tanguy	772.5	De Visscher Giovanni	760

Master 1 (40+)						
LIFT	NAT		LFPH		VGPF	
SQ	VanDeWiel Jimmy	235	Couvercelle Bertrand (FRA)	250	VanDeWiel Jimmy	235
BP	VanDeWiel Jimmy	185	Reybrouck Daniel	155	VanDeWiel Jimmy	185
DL	Remy Roger	250	Remy Roger	250	Theys Jan	230
TOT	VanDeWiel Jimmy	635	Couvercelle Bertrand (FRA)	635	VanDeWiel Jimmy	635

Master 2 (50+)						
LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	226	Remy Roger	226	Vandavelde Roger	225
BP	Reybrouck Daniel	155	Reybrouck Daniel	155	Vandavelde Roger	140
DL	Remy Roger	250	Remy Roger	250	Vrijders Eddy	210
TOT	Remy Roger	588.5	Remy Roger	588.5	Vandavelde Roger	575

Master 3 (60+)						
LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	226	Remy Roger	226	Vandavelde Roger	225
BP	Reybrouck Daniel	155	Reybrouck Daniel	155	Vandavelde Roger	140
DL	Remy Roger	237.5	Remy Roger	237.5	Vandavelde Roger	210
TOT	Remy Roger	588.5	Remy Roger	588.5	Vandavelde Roger	575

Master 4 (70+)						
LIFT	NAT		LFPH		VGPF	
SQ	Lazou Jozef	180	Reybrouck Daniel	135	Lazou Jozef	180
BP	Reybrouck Daniel	155	Reybrouck Daniel	155	Lazou Jozef	95
DL	Lazou Jozef	185	Reybrouck Daniel	152.5	Lazou Jozef	185
TOT	Lazou Jozef	460	Reybrouck Daniel	425	Lazou Jozef	460

-93 H**EQUIPPED****Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Permentier Remi	250	Permentier Remi	250	Elpers Mathias	187.5
BP	Permentier Remi	167,5	Permentier Remi	167,5		130
DL	Permentier Remi	235	Permentier Remi	235	Elpers Mathias	210
TOT	Permentier Remi	652,5	Permentier Remi	652,5	Elpers Mathias	517.5

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Kerremans Jonathan	320	Permentier Remi	250	Kerremans Jonathan	320
BP	Kerremans Jonathan	207,5	Permentier Remi	167,5	Kerremans Jonathan	207,5
DL	Peeters Alan	292,5	Lory Florian	241	Peeters Alan	292,5
TOT	Kerremans Jonathan	792,5	Permentier Remi	652,5	Kerremans Jonathan	792,5

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Kerremans Jonathan	320	Penasse Tanguy	310	Kerremans Jonathan	320
BP	Van Hee Emmerik	232,5	Servotte Geoffroy	212.5	Van Hee Emmerik	232,5
DL	Verbeke Beny	295	Laguesse Alain	280	Verbeke Beny	295
TOT	Kerremans Jonathan	792,5	Penasse Tanguy	785	Kerremans Jonathan	792,5

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Verbeke Beny	243	Couvercelle Bertrand (FRA)	270	Verbeke Beny	243
BP	De Ro Jean Marc	170	Couvercelle Bertrand (FRA)	157,5	De Ro Jean Marc	170
DL	Verbeke Beny	295	Vandenwinkele Fred	240	Verbeke Beny	295
TOT	Verbeke Beny	658	Couvercelle Bertrand (FRA)	660	Verbeke Beny	658

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Verbeke Beny	243	Mezzanotte Francis	170	Verbeke Beny	243
BP	Van Mulders Christian	157,5	Reybrouck Daniel	155.5	Van Mulders Christian	157,5
DL	Verbeke Beny	295	Mezzanotte Francis	190	Verbeke Beny	295
TOT	Verbeke Beny	658	Mezzanotte Francis	495	Verbeke Beny	658

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Mezzanotte Francis	170	Mezzanotte Francis	170		155
BP	Reybrouck Daniel	155.5	Reybrouck Daniel	155.5	Theyssens Martin	117.5
DL	Mezzanotte Francis	190	Mezzanotte Francis	190		160
TOT	Mezzanotte Francis	495	Mezzanotte Francis	495		430

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ	Reybrouck Daniel	160	Reybrouck Daniel	160	Theyssens Martin	140
BP	Reybrouck Daniel	155.5	Reybrouck Daniel	155.5	Theyssens Martin	117.5
DL	Palazzo Vincent	182.5	Palazzo Vincent	182.5	Theyssens Martin	152.5
TOT	Reybrouck Daniel	485	Reybrouck Daniel	485	Theyssens Martin	410

-105 H**EQUIPPED****Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Ausloos Matthieu	240	Ausloos Matthieu	240	Elpers Mathias	215
BP	Ausloos Matthieu	162,5	Ausloos Matthieu	162,5		135
DL	Ausloos Matthieu	233	Ausloos Matthieu	233	Elpers Mathias	232,5
TOT	Ausloos Matthieu	628	Ausloos Matthieu	628	Elpers Mathias	580

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Peeters Alan	345	Permentier Remi	244	Peeters Alan	345
BP	Peeters Alan	222,5	Lefranc Bryan	185,5	Peeters Alan	222,5
DL	Van Heesvelde Jeroen	300	Lefranc Bryan	270,5	Van Heesvelde Jeroen	300
TOT	Peeters Alan	857,5	Lefranc Bryan	699,5	Peeters Alan	857,5

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Van Heesvelde Jeroen	365	Gajewski Sebastien	280	Van Heesvelde Jeroen	365
BP	Van Heesvelde Jeroen	267,5	Derijcke Frederik	193,5	Van Heesvelde Jeroen	267,5
DL	Van Heesvelde Jeroen	332,5	Lefranc Bryan	270,5	Van Heesvelde Jeroen	332,5
TOT	Van Heesvelde Jeroen	947,5	Gajewski Sebastien	703	Van Heesvelde Jeroen	947,5

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Laethem Rob	285	Vandewinkele Frederic	240	Laethem Rob	285
BP	Laethem Rob	190	De Vos Christophe	177	Laethem Rob	190
DL	Laethem Rob	257,5	Dechany Marc	255	Laethem Rob	257,5
TOT	Laethem Rob	732,5	Vandewinkele Frederic	611,5	Laethem Rob	732,5

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Piret Serge	225	Piret Serge	225	De Grauwe Hugo	206
BP	Scorcioni Fabrizio	165	Scorcioni Fabrizio	165		145
DL	Monseu Serge	252,5	Monseu Serge	252,5	De Grauwe Hugo	235
TOT	Piret Serge	607,5	Piret Serge	607,5	De Grauwe Hugo	561

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Collart Jean Luc	210	Collart Jean Luc	210	De Grauwe Hugo	206
BP	Collart Jean Luc	152,5	Collart Jean Luc	152,5	De Grauwe Hugo	120
DL	Monseu Serge	252,5	Monseu Serge	252,5	De Grauwe Hugo	235
TOT	Monseu Serge	583	Monseu Serge	583	De Grauwe Hugo	561

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		175				175
BP		115				115
DL		175				175
TOT		515				515

-120 H**EQUIPPED****Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Goeman Glenn	240	Coorevits Vincent (FR)	90	Goeman Glenn	240
BP	Goeman Glenn	140	Coorevits Vincent (FR)	145	Goeman Glenn	140
DL	Goeman Glenn	270	Coorevits Vincent (FR)	125	Goeman Glenn	270
TOT	Goeman Glenn	650	Coorevits Vincent (FR)	360	Goeman Glenn	650

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Ringoot Steve	330	Lefranc Bryan	260	Ringoot Steve	330
BP	Ringoot Steve	225	Lefranc Bryan	195	Ringoot Steve	225
DL	Ringoot Steve	300	Lefranc Bryan	275	Ringoot Steve	300
TOT	Ringoot Steve	830	Lefranc Bryan	730	Ringoot Steve	830

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Bilican Orhan	425	Collart Jean Luc	370	Bilican Orhan	425
BP	Bilican Orhan	334	Nemtsov Igor (Rus)	250	Bilican Orhan	334
DL	Van Heesvelde Jeroen	340	Collart Jean Luc	310	Van Heesvelde Jeroen	340
TOT	Bilican Orhan	1077,5	Nemtsov Igor (Rus)	910	Bilican Orhan	1077,5

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Collart Jean Luc	370	Collart Jean Luc	370		245
BP	Collart Jean Luc	225	Collart Jean Luc	225		175
DL	Collart Jean Luc	310	Collart Jean Luc	310		250
TOT	Collart Jean Luc	890	Collart Jean Luc	890		670

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Collart Jean Luc	370	Collart Jean Luc	370		215
BP	Collart Jean Luc	225	Collart Jean Luc	225		155
DL	Collart Jean Luc	310	Collart Jean Luc	310		220
TOT	Collart Jean Luc	890	Collart Jean Luc	890		590

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Collart Jean Luc	281	Collart Jean Luc	281		230
BP	Collart Jean Luc	200	Collart Jean Luc	200		140
DL	Collart Jean Luc	240	Collart Jean Luc	240		230
TOT	Collart Jean Luc	712,5	Collart Jean Luc	712,5		610

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		200				200
BP		130				130
DL		200				200
TOT		575				575

+120 H**EQUIPPED****Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Dechamps Sebastien	320	Dechamps Sebastien	320		230
BP	Dechamps Sebastien	187.5	Dechamps Sebastien	187.5		145
DL	Dechamps Sebastien	292.5	Dechamps Sebastien	292.5		230
TOT	Dechamps Sebastien	800	Dechamps Sebastien	800		605

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Dechamps Sebastien	372,5	Dechamps Sebastien	372,5	Ringoot Steve	360
BP	Dechamps Sebastien	250	Dechamps Sebastien	250	Ringoot Steve	222.5
DL	Dechamps Sebastien	305,5	Dechamps Sebastien	305,5	Ringoot Steve	305
TOT	Dechamps Sebastien	913	Dechamps Sebastien	913	Ringoot Steve	872.5

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Bilican Orhan	405	Dechamps Sebastien	372,5	Bilican Orhan	405
BP	Bilican Orhan	315	Dechamps Jerome	260	Bilican Orhan	315
DL	Ringoot Steve	330	Dechamps Sebastien	305,5	Ringoot Steve	330
TOT	Bilican Orhan	1040	Dechamps Jerome	920,5	Bilican Orhan	1040

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Bilican Orhan	380	Patru Valentin	330	Bilican Orhan	380
BP	Bilican Orhan	260	Patru Valentin	197,5	Bilican Orhan	260
DL	Bilican Orhan	320	Patru Valentin	292,5	Bilican Orhan	320
TOT	Bilican Orhan	960	Patru Valentin	810	Bilican Orhan	960

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ		300				300
BP		185				185
DL	Kerremans Johan	310			Kerremans Johan	310
TOT		790				790

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ		250				250
BP		160				160
DL		250				250
TOT		700				700

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		230				230
BP		140				140
DL		230				230
TOT		600				600