

LIGUE FRANCOPHONE DES POIDS ET HALTERES

Association sans but lucratif

POWERLIFTING

2024



Résultats des compétitions





I C 1 POWER CLASSIC / EQUIPPED + B P SINGLE CLASSIC / EQUIPPED

SERAING 13 /14 Janvier 2024

Full name	Club	Team	nat	Birth date	Sex	CAT AGE	P C	CA T	SQ	BP	DL	Total	PTS	Categories
Zakaria Hicor	O P L	1	BE	23/10/1993	M	Seniors	104,7 8	105	285	185	310	780	96,396	Power Classic
Andréa Bianconi	O P L	1	BE	04/12/2001	M	Juniors	82,56	83	220	120	265	605	83,973	Power Classic
Julie Muscolino	O P L	1	BE	20/10/1987	F	Seniors	51,06	52	120	57,5	147,5	325	83,376	Power Classic
Boermans Yanis	O P L	1	BE	22/07/2004	M	Juniors	72,70	74	175	100	230	505	74,825	Power Classic
													338,570	
Florian Gillissen	SERAING	1	BE	31/10/1995	M	Seniors	104,7 8	105	300	157,5	305	762,5	94,234	Power Classic
Magerat Jason	SERAING	1	BE	26/08/2003	M	Juniors	77,88	83	175	180	220	575	82,218	Power Classic
Nathan BRONCKART	SERAING	1	BE	26/07/2006	M	Sub-juniors	91,44	93	207,5	120	285	612,5	80,794	Power Classic
Lucas LAURENT	SERAING	1	BE	23/06/1997	M	Seniors	95,04	105	210	145	252,5	607,5	78,640	Power Classic
													335,886	
Clara Haulot	N S A R 1	1	BE	28/08/2001	F	Juniors	62,80	63	155	80	165	400	87,693	Power Classic
Léo Beauchot	N S A R 1	1	BE	15/01/2006	M	Sub-juniors	73,88	74	190	132,5	240	562,5	82,650	Power Classic
Sacha Puccinotti	N S A R 1	1	BE	02/06/2006	M	Sub-juniors	78,72	83	192,5	130	220	542,5	77,146	Power Classic
Christopher Dufour	N S A R 1	1	BE	26/12/1991	M	Seniors	90,54	93	190	162,5	205	557,5	73,897	Power Classic
													321,386	
Anne Daineffe	A P E X	1	BE	03/01/1982	F	Master 40	63,06	69	148	85	152,5	385,5	84,289	Power Classic
Bastien Georges	A P E X	1	BE	26/04/2006	M	Sub-juniors	89,00	93	230	137,5	245	612,5	81,878	Power Classic
Nathan Igben	A P E X	1	BE	21/12/2003	M	Juniors	82,00	83	225	130	220	575	80,085	Power Classic
Eugène Bailly	A P E X	1	BE	07/07/2004	M	Juniors	80,24	83	197,5	135	190	522,5	73,579	Power Classic
													319,831	
Léonard Moke	BEARS CAVE	1	BE	02/08/2000	M	Seniors	80,48	83	240	122,5	293	655,5	92,169	Power Classic
Ulric Vanstalle-Magnée	BEARS CAVE	1	BE	10/02/2004	M	Juniors	73,84	74	190	117,5	220	527,5	77,529	Power Classic
Ethan Meyssen	BEARS CAVE	1	BE	30/01/2007	M	Sub-juniors	73,08	74	182,5	117,5	205	505	74,622	Power Classic
Kenny Mostin	BEARS CAVE	1	BE	14/06/1999	M	Seniors	81,00	83	180	115	227,5	522,5	73,227	Power Classic
													317,547	
VAMIG HEYBATOV	LA LOUVIERE	1	AZ	09/06/2001	M	Juniors	90,02	93	220	130	265	615	81,751	Power Classic
Alexy BREX	LA LOUVIERE	1	BE	06/08/2000	M	Seniors	68,86	74	175	120	225	520	79,267	Power Classic
Isam WADEH	LA LOUVIERE	1	BE	19/11/2003	M	Juniors	119,6 8	120	250	135	285	670	77,976	Power Classic
Théo ENGELBERT	LA LOUVIERE	1	BE	23/07/2003	M	Juniors	58,14	59	155	80	180	415	69,214	Power Classic
													308,208	
Simon Plennevaux	ZENITH	1	BE	19/01/2002	M	Juniors	92,36	93	245	145	245	635	83,352	Power Classic
Morgane Bouvy	ZENITH	1	BE	05/03/2002	F	Juniors	59,86	63	125	62,5	150	337,5	76,413	Power Classic
Thibault Marichal	ZENITH	1	BE	11/06/2005	M	Juniors	88,42	93	200	132,5	220	552,5	74,097	Power Classic
Nathan Peeters	ZENITH	1	BE	01/02/2008	M	Sub-juniors	92,18	93	180	115	210	505	66,351	Power Classic
													300,213	
Ryan Deblaere	A P E X	3	BE	09/07/2004	M	Juniors	58,69	59	155	87,5	205	447,5	74,259	Power Classic
Nathan Lachapelle	A P E X	3	BE	28/10/1995	M	Seniors	101,7 2	105	192,5	125	275	592,5	74,249	Power Classic
Kylian Dupriez	A P E X	3	BE	11/02/2002	M	Juniors	71,82	74	160	105	205	470	70,083	Power Classic
Pauline Barré	A P E X	3	BE	09/03/1993	F	Seniors	62,60	63	105	60	140	305	67,005	Power Classic

													285,596	
Antoine Mampaey	ATP PERFOR	1	BE	19/06/2001	M	Juniors	76,50	83	180	125	217,5	522,5	75,401	Power Classic
Anthony Vanschepdael	ATP PERFOR	1	BE	14/05/1997	M	Seniors	76,46	83	185	105	215	505	72,896	Power Classic
Naël Gaspard	ATP PERFOR	1	BE	17/08/2001	M	Juniors	82,88	83	192,5	105	215	512,5	70,996	Power Classic
Damayrs Breard	ATP PERFOR	1	BE	27/11/2001	F	Juniors	68,34	69	112,5	62,5	142,5	317,5	66,133	Power Classic
													285,426	
Clara THIRION	SERAING	3	BE	25/11/2004	F	Juniors	68,84	69	120	67,5	170	357,5	74,161	Power Classic
Lisa BOCCHINO	SERAING	3	BE	20/05/1999	F	Seniors	75,52	76	135,5	65	160	360,5	71,289	Power Classic
Maximo Fiorillo	SERAING	3	BE	16/05/1994	M	Seniors	88,64	93	182,5	115	210	507,5	67,978	Power Classic
ALEXIA DYKMANS	SERAING	3	BE	23/12/1988	F	Seniors	60,12	63	120	60	120	300	67,718	Power Classic
													281,146	
Lionel BRUNIN	SERAING	4	BE	26/06/2002	M	Juniors	65,20	66	180	120	205	505	79,231	Power Classic
Mathys Engelbert	SERAING	4	BE	24/11/2005	M	Juniors	64,62	66	165	95	217,5	477,5	75,273	Power Classic
Michel Bertrand	SERAING	4	BE	19/05/1957	M	Master 60	78,46	83	172,5	92,5	172,5	437,5	62,320	Power Classic
Matteo QUARANTA	SERAING	4	BE	17/10/2003	M	Juniors	74,78	83	140	105	170	415	60,596	Power Classic
													277,420	
Alexandre Morillas	A P E X	2	BE	04/11/1993	M	Seniors	101,2 8	105	222,5	155	240	617,5	77,539	Power Classic
Bruno Kilian	A P E X	2	FR	30/09/2000	M	Seniors	88,62	93	205	127,5	225	557,5	74,684	Power Classic
Célestin Vuillet	A P E X	2	BE	13/08/2003	M	Juniors	73,92	74	180	110	215	505	74,180	Power Classic
Luis Anthony Satan Veliz	A P E X	2	BE	10/10/2003	M	Juniors	73,56	74	145	*/	197,5	342,5	50,438	Power Classic
													276,841	
Roméo Rotuno	SMART&STR ONG	1	BE	08/07/2002	M	Juniors	73,12	74	170	120	197,5	487,5	72,016	Power Classic
Maxime Degive	SMART&STR ONG	1	BE	17/06/1996	M	Seniors	117,6 6	120	215	135	262,5	612,5	71,818	Power Classic
Mathis Piela	SMART&STR ONG	1	BE	22/02/2007	M	Sub- juniors	88,66	93	175	117,5	220	512,5	68,640	Power Classic
Raoul Derval	SMART&STR ONG	1	BE	10/04/2007	M	Sub- juniors	70,72	74	142,5	87,5	175	405	60,880	Power Classic
													273,354	
Benoît Deval	ATP PERFOR	2	BE	04/11/1993	M	Seniors	87,20	93	190	122,5	215	527,5	71,234	Power Classic
Sihame Habryka	ATP PERFOR	2	BE	09/08/2006	F	Sub- juniors	58,56	63	110	60	135	305	70,137	Power Classic
Emma Léon	ATP PERFOR	2	BE	18/01/2003	F	Juniors	60,12	63	85	62,5	147,5	295	66,589	Power Classic
Charles Bogaert	ATP PERFOR	2	BE	18/08/2000	M	Seniors	71,96	74	130	102,5	185	417,5	62,191	Power Classic
													270,151	
David Junco Galan	A P E X	4	BE	28/02/1996	M	Seniors	81,68	83	180	110	215	505	70,475	Power Classic
Mathis Rouet	A P E X	4	BE	26/07/2007	M	Sub- juniors	73,58	74	170	97,5	192,5	460	67,732	Power Classic
Anais Minet	A P E X	4	BE	16/07/2003	F	Juniors	56,50	57	105	57,5	115	277,5	65,526	Power Classic
Nathan Feron	A P E X	4	BE	06/01/2008	M	Sub- juniors	65,46	66	145	90	180	415	64,974	Power Classic
													268,707	
Arnaud Robbeets	O P L	2	BE	05/02/2001	M	Juniors	65,62	66	152,5	107,5	185	445	69,581	Power Classic
Emilien Collet	O P L	2	BE	01/04/2004	M	Juniors	65,16	66	162,5	82,5	190	435	68,271	Power Classic
Maerschcalcke Loic Jessica Wendy Bessang Ekom	O P L	2	BE	09/10/2006	M	Sub- juniors	61,44	66	142,5	90	175	407,5	65,986	Power Classic
													60,095	Power Classic
													263,933	
Mike BURTOBMOIS	SERAING	2	BE	26/09/1989	M	Seniors	65,78	66	162,5	100	212,5	475	74,176	Power Classic
Christophe TSILIADAKIS	SERAING	2	BE	11/05/1998	M	Seniors	77,18	83	177,5	117,5	220	515	73,981	Power Classic
Guillaume LAECKMANN	SERAING	2	BE	18/11/1996	M	Seniors	91,82	93	177,5	117,5	260	555	73,060	Power Classic
Esteban GILLES	SERAING	2	BE	27/12/2004	M	Juniors	72,98	74	185	90	*/	275	40,665	Power Classic
													261,882	
Antoine Lecolier	N S A R 3	3	BE	21/03/2006	M	Sub- juniors	73,88	74	160	77,5	212,5	450	66,120	Power Classic
Timéo Chille	N S A R 3	3	BE	05/11/2007	M	Sub- juniors	91,70	93	175	112,5	212,5	500	65,863	Power Classic

Loriano Mary	N S A R 3	3	BE	06/11/2006	M	Sub-juniors	65,10	66	155	95	167,5	417,5	65,557	Power Classic	
Marie Louchart	N S A R 4	3	BE	18/06/2007	F	Sub-juniors	51,00	52	90	50	110	250	64,202	Power Classic	
													261,742		
Noah Legrain	N S A R 2	2	BE	02/12/2003	M	Juniors	65,28	66	180	127,5	180	487,5	76,436	Power Classic	
Alessio Domina	N S A R 2	2	BE	20/02/2006	M	Sub-juniors	73,38	74	155	115	220	490	72,252	Power Classic	
Magnier Maeva	N S A R 3	2	BE	05/08/2004	F	Juniors	62,50	63	120	47,5	135	302,5	66,525	Power Classic	
Antoine Haulot	N S A R 2	2	BE	29/07/2003	M	Juniors	92,40	93	190	120	*/	310	40,683	Power Classic	
													255,896		
Nicolas Delplanque	N S A R 5	4	BE	28/03/2000	M	Seniors	92,88	93	180	120	195	495	64,797	Power Classic	
Matizzio Ascoli	N S A R 4	4	BE	14/02/2006	M	Sub-juniors	56,40	59	130	77,5	165	372,5	63,147	Power Classic	
Gabriel Carette	N S A R 4	4	BE	30/12/2005	M	Juniors	77,50	83	140	95	205	440	63,073	Power Classic	
Matteo Giansello	N S A R 4	4	BE	02/06/2006	M	Sub-juniors	65,72	66	132,5	85	165	382,5	59,760	Power Classic	
													250,777		
Lydwyn LECRENIER	SERAING	5	BE	05/12/2005	F	Juniors	74,30	76	125	72,5	150	347,5	69,261	Power Classic	
Lola CHARPENTIER	SERAING	5	BE	18/06/2008	F	Sub-juniors	67,36	69	117,5	67,5	120	305	64,056	Power Classic	
Emma GIORDANO	SERAING	5	BE	13/10/2009	F	Sub-juniors	73,86	76	122,5	70,5	125	318	63,567	Power Classic	
Chloé VANDEWEYER	SERAING	5	BE	31/12/2006	F	Sub-juniors	62,48	63	90	52,5	102,5	245	53,890	Power Classic	
													250,774		
Marvin SINGLETON	SERAING	6	BE	08/07/1994	M	Seniors	75,58	83	160	92,5	210	462,5	67,161	Power Classic	
Chloé RAISON	SERAING	6	BE	12/12/2001	F	Juniors	49,45	52	87,5	47,5	110	245	64,694	Power Classic	
Loréane GILSOUL	SERAING	6	BE	25/11/2004	F	Juniors	67,54	69	107,5	60	115	282,5	59,239	Power Classic	
Amaurine CHAPLIER	SERAING	6	BE	18/09/2005	F	Juniors	51,40	52	80	45	100	225	57,387	Power Classic	
													248,481		
Thomas CARABIN	SERAING	7	BE	21/04/1996	M	Seniors	80,74	83	165	105	180	450	63,170	Power Classic	
Yago IRRERA	SERAING	7	BE	10/03/2006	M	Sub-juniors	64,10	66	140	77,5	167,5	385	60,952	Power Classic	
Mathéo CHRISTIAENS	SERAING	7	BE	27/05/2005	M	Juniors	69,98	74	135	95	152,5	382,5	57,815	Power Classic	
													181,937		
Nawâl ARRAS	LA LOUV	2	BE	02/09/2004	F	Juniors	62,94	63	105	55	140	300	65,675	Power Classic	
Aymerine DEBIEVE	LA LOUV	2	BE	18/11/2004	F	Juniors	56,64	57	90	45	130	265	62,457	Power Classic	
Serge Piret	LA LOUV	2	BE	01/10/1958	M	Master 60	100,5	2	105	140	105	180	425	53,558	Power Classic
													181,690		
Mattéo Van Vynckt	BEARS CAVE	2	BE	15/01/2006	M	Sub-juniors	73,02	74	210	125	247,5	582,5	86,111	Power Classic	
Tristan Tislair	BEARS CAVE	2	BE	10/09/1996	M	Seniors	92,00	93	210	132,5	262,5	605	79,566	Power Classic	
													165,677		
Anne-Sophie Brysse	ATP Perf	3	BE	06/09/2000	F	Seniors	61,64	63	140	77,5	147,5	365	81,006	Power Classic	
Ethel Vandiest	ATP Perf	3	BE	21/04/1991	F	Seniors	62,54	63	100	55	130	285	62,650	Power Classic	
													143,656		
Stéphane Vercruysse	ALPHA ACAD	1	BE	06/10/1995	M	Seniors	90,76	93	230	132,5	250	612,5	81,091	Power Classic	
Veronique Valaëys	ALPHA ACAD	1	BE	11/09/1977	F	Master 40	75,56	76	115	63	127,5	305,5	60,397	Power Classic	
													141,488		
Maxime Melckmans	A P E X	5	BE	14/05/2007	M	Sub-juniors	70,00	74	160	77,5	200	437,5	66,119	Power Classic	
Samthan Vanden Steen	A P E X	5	BE	11/12/1990	F	Seniors	74,92	76	112,5	57,5	132,5	302,5	60,048	Power Classic	
													126,167		
Rayen Abdi	SMART&STR ONG	2	BE	12/05/2002	M	Juniors	86,70	93	152,5	95	205	452,5	61,282	Power Classic	
Pavel Radkov	SMART&STR ONG	2	BE	17/05/2007	M	Sub-juniors	70,20	74	115	80	172,5	367,5	55,456	Power Classic	
													116,738		
Mathieu Ausloos	ENGHIEN	1	BE	11/12/2000	M	Seniors	109,9	6	120	175	142,5	185	502,5	60,736	Power Classic
Ridvan Kuraoglu	ENGHIEN	1	BE	25/03/1959	M	Master	90,26	93	181	110	190	481	53,854	Power Classic	

Deegan Renaut	CSS Flor	1	BE	16/02/2004	M	Juniors	73,98	74	207,5	110	245	562,5	82,592	Power Classic
Alexandre Klein	HWL TEAM1	1	BE	01/10/2002	M	Juniors	88,70	93	215	120	270	605	81,011	Power Classic
Samuel Delattre	Hal Mons	1	BE	05/08/2005	M	Juniors	78,80	83	200	102,5	232,5	535	76,040	Power Classic
Louis Badot	O P L	3	BE	05/03/1999	M	Seniors	88,88	93	160	75	180	415	55,513	Power Classic
Ethan Van San	N S A R 5	5	BE	09/07/2005	M	Juniors	73,68	74	95	80	145	320	47,085	Power Classic

Full name	Club	Team	NAT	Birth date	Sex	CAT AGE	P C	CA T	SQ	BP	DL	Total	PTS	Categories	
Frederik Derycke	METTET	1	BE	13/01/1985	M	Seniors	104,9	2	105	160	193,5	180	533,5	54,549	Power Equipped
Declercq Kelvin	METTET	1	BE	08/08/1990	M	Seniors	66,66	74	150	90	160	400	53,201	Power Equipped	
Sven Vandenbroucke	METTET	1	BE	31/10/1995	M	Seniors	92,98	93	170	110	185	465	50,434	Power Equipped	
Cyril Henquin	O P L	1	BE	12/01/1997	M	Seniors	84,58	93	210	112,5	260	582,5	66,536	Power Equipped	
Guillaume Dehan	O P L	1	BE	21/01/1995	M	Seniors	73,86	74	*/	140	225	365	45,289	Power Equipped	
Céline Spina	SERAING	1	BE	12/08/1998	F	Seniors	68,48	69	140	110,5	168	418,5	72,219	Power Equipped	
Francis Mezzanotte	CSS Flor	1	BE	28/05/1963	M	Master 60	85,72	93	170	135	190	495	56,112	Power Equipped	

Full name	Club	Team	NAT	Birth date	Sex	CAT AGE	P C	CA T	SQ	BP	DL	Total	PTS	Categories
Deckers Mathieu	O P L	1	BE	17/01/2002	M	Juniors	79,32	83		135		135	49,688	BP EQ

Full name	Club	Team	NAT	Birth date	Sex	CAT AGE	P C	CA T	SQ	BP	DL	Total	PTS	Categories
Lionel Versele	METTET	1	BE	28/01/1989	M	Seniors	103,6	8	105	160		160	72,065	BP CL
Jonathan Crombrugge	METTET	1	BE	07/07/1987	M	Seniors	72,22	74		117,5		117,5	63,481	BP CL
Michel Dubucq	CSS FLOR	1	BE	05/06/1957	M	Master 60	115,3	0	120	157,5		157,5	67,608	BP CL
Roger Remy	CSS FLOR	1	BE	08/04/1953	M	Master 70	79,00	83		97,5		97,5	50,239	BP CL
Alexandre Gaillard	SERAING	1	BE	09/03/1995	M	Seniors	95,70	105		125		125	58,484	BP CL

Arbitres

Coinne Zoé - Remy Roger - Warnier Jean-Claude - Lerot Viviane - Stradiot Mehdi - Collart Jean-Luc - Collart Virginie - Delvaux Alexandre (examen réussi) -

RECORDS DE Belgique POWERLIFTING CLASSIC	CA T	SQUA T	BEN CH	DL
ASCOLI MATIZIO	SUB JUNIOR	-59	130	
ENGELBERT THEO	JUNIOR	-59	155	

RECORDS L F P H POWERLIFTING EQUIPPED	CAT	SQ UA T	BENC H	DL	TO TA L
SPINA CELINE	DAME SENIOR	-69	110,5	168	
DERIJCKE FREDERIK	SENIOR	-105	193,5		49
MEZZANOTTE FRANCIS	MASTER 60	-93	170	190	5
MEZZANOTTE FRANCIS	MASTER 50	-93	170	190	49 5

RECORDS DE Belgique BENCH PRESS SINGLE CLASSIC	CAT	BEN CH
DAINEFFE ANNE DAME MASTER 40	-69	85
MAGERAT JASON JUNIOR	-83	180

RECORDS L F P H BENCH PRESS SINGLE CLASSIC	CAT	BENC H
MAGERAT JASON JUNIOR	-83	180
MAGERAT JASON SENIOR	-83	180
GIORDANO EMMA DAME SUB JUNIOR	-76	70,5
VALAEYS VERONIQUE DAME MASTER 40	-76	63
HICOR ZAKARIA SENIOR	-105	185

RESULTAT ATHLETE BELGE
GRAND PRIX FORCE ATHLETIQUE DE BEAUVAIS
POWERLIFTING CLASSIC
BEAUVAIS / France
7/01/2024

POWERLIFTING CLASSIC	CA T	PC	SQUAT	BENC H	DL	TOTAL	PTS
OSTYN GREGORY JUNIOR	-74	73,30	202,5	147,5	285	635	93,685

RECORDS DE Belgique POWERLIFTING CLASSIC	CAT	SQ	BP	DL	TOT
OSTYN GREGORY JUNIOR	-74			285	635
OSTYN GREGORY SENIOR	-74			285	

RECORDS L F P H POWERLIFTING CLASSIC	CAT	SQ	BP	DL	TOT
OSTYN GREGORY JUNIOR	-74			285	635
OSTYN GREGORY SENIOR	-74			285	635

I C 2 POWER CLASSIC / EQUIPPED + B P SINGLE CLASSIC / EQUIPPED

ORGANISATEUR : ZENITH A MONT-St-GUIBERT

2 / 3 MARS 2024

Full name	Club	Tea m	NA T	Birth date	Se x	CAT AGE	P C	CA T	S Q	B P	D L	Tot al	PTS	Catego ries
Fatima Elouafi	N S A R 1	1	BE	10/04/2004	F	Juniors	93,96	+84	170	85	210	465	84,44	Power- Classic

Joachim Lefevre	N S A R 1	1	BE	03/03/1999	M	Seniors	91,36	93	212,5	140	5	615	81,16	Power-Classic
Luis Duran Portoreal	N S A R 1	1	BE	03/02/1999	M	Seniors	73,46	74	185	140	5	542,5	79,95	Power-Classic
Raphaël Dubois	N S A R 1	1	BE	17/06/2001	M	Juniors	82,96	83	210	115	245	570	78,92	Power-Classic
													324,47	
Florian Gillissen	PHC Seraing 1	1	BE	31/10/1995	M	Seniors	106,7	120	295	165	300	760	93,14	Power-Classic
Arthur Audra	PHC Seraing 1	1	BE	20/12/2002	M	Juniors	72,74	74	5	115	255	542,5	80,36	Power-Classic
Calvin Ishema	PHC Seraing 1	1	BE	28/12/1999	M	Seniors	80,7	83	180	5	5	550	77,23	Power-Classic
Maxime Muller	PHC Seraing 1	1	BE	05/05/2003	M	Juniors	73,58	74	180	5	5	490	72,15	Power-Classic
													322,88	
Vincent Di Liberto	APEX 1	1	BE	04/10/1996	M	Seniors	90,5	93	245	140	270	655	86,84	Power-Classic
Maxime Monfort	APEX 1	1	BE	21/09/1996	M	Seniors	91,48	93	220	5	5	630	83,08	Power-Classic
Martin Lermen	APEX 1	1	BE	27/08/2002	M	Juniors	73	74	175	5	5	520	76,88	Power-Classic
Gabriel Laghi Salvino	APEX 1	1	ITA	18/07/2002	M	Juniors	62,52	66	145	110	5	422,5	67,78	Power-Classic
													314,58	
Andréa Bianconi	O P L	1	BE	04/12/2001	M	Juniors	82,58	83	220	120	260	600	83,27	Power-Classic
Artan Shala	O P L	1	BE	22/05/1995	M	Seniors	77,8	83	190	110	235	535	76,54	Power-Classic
Boermans Yyanis	O P L	1	BE	22/07/2004	M	Juniors	73,7	74	170	110	5	517,5	76,13	Power-Classic
Arnaud Robbeets	O P L	1	BE	05/02/2001	M	Juniors	65,28	66	165	110	210	485	76,04	Power-Classic
													311,98	
Martin Waegeneers	Mounier 1	1	BE	21/10/2002	M	Juniors	80,1	83	212,5	120	267,5	600	84,57	Power-Classic
Marie Waegeneers	Mounier 1	1	BE	11/08/2004	F	Juniors	73,6	76	140	75	170	385	77,09	Power-Classic
Morgane Biesmans	Mounier 1	1	BE	24/10/1999	F	Seniors	51,76	52	5	52,5	135	300	76,05	Power-Classic
Louis Torres	Mounier 1	1	FR	03/09/2003	M	Juniors	73,66	74	5	105	210	497,5	73,21	Power-Classic
													310,92	
Tarek Zayyad Marzaq	B W S 1	1	BE	19/04/2003	M	Juniors	82,16	83	195	145	280	620	86,27	Power-Classic
Maelle Maes	B W S 1	1	BE	24/10/2003	F	Juniors	56,34	57	105	65	145	315	74,54	Power-Classic
Emilien Bussing	B W S 1	1	BE	31/07/1998	M	Seniors	82,4	83	5	137,5	205	525	72,94	Power-Classic
Antoine Miriallakis	B W S 1	1	BE	27/07/1995	M	Seniors	103,38	105	210	135	230	575	71,51	Power-Classic
													305,26	
Samuel Lucas	Zenith 1	1	BE	11/12/2002	M	Juniors	81,84	83	192,5	137,5	240	570	79,47	Power-Classic
Romain Depierreux	Zenith 1	1	BE	24/05/2002	M	Juniors	81,16	83	5	140	220	562,5	78,75	Power-Classic
Thibault Marichal	Zenith 1	1	BE	11/06/2005	M	Juniors	90,98	93	5	130	5	560	74,05	Power-Classic
Léa Bantuelle	Zenith 1	1	BE	16/01/2004	F	Juniors	54,72	57	115	50	5	292,5	70,81	Power-Classic
													303,08	
Aurélien Robeyns	Smart and Strong 1	1	BE	04/01/1994	M	Seniors	92,18	93	232,5	160	245	637,5	83,76	Power-Classic
Antoine Fournaux	Smart and Strong 1	1	BE	10/12/1997	M	Seniors	84,86	93	205	5	5	580	79,40	Power-Classic
Roméo Rotuno	Smart and Strong 1	1	BE	08/07/2002	M	Juniors	72,9	74	175	5	200	492,5	72,87	Power-Classic
Rayane Makhlaf	Smart and Strong 2	1	BE	30/05/2003	M	Juniors	82,64	83	190	5	180	482,5	66,94	Power-Classic
													302,97	
Julian Belotti	APEX 2	2	BE	02/03/1999	M	Seniors	109,6	120	237,5	140	270	647,5	78,38	Power-Classic
Célestin Vuillet	APEX 2	2	BE	13/08/2003	M	Juniors	75,38	83	5	5	5	517,5	75,25	Power-Classic
Mathieu Hoogstoel	APEX 2	2	BE	18/10/1996	M	Seniors	89,38	93	195	125	240	560	74,70	Power-Classic

Maxime Letecheur	APEX 4	4	BE	16/06/1998	M	Seniors	86,6	93	177,5	132,5	215	525	71,14	Power-Classic	
Lucas Lahon	APEX 4	4	BE	27/03/2003	M	Juniors	72,52	74	180	105	190	475	70,47	Power-Classic	
Julian Ligot	APEX 4	4	BE	11/09/2000	M	Seniors	80,76	83	135	5	210	457,5	64,21	Power-Classic	
Adrien Cluentius	APEX 4	4	BE	20/02/2001	M	Juniors	90,26	93	175	107,5	192,5	475	63,06	Power-Classic	
													268,88		
Tommy Stradiot	N S A R 2	2	BE	02/11/1999	M	Seniors	77,58	83	170	115	215	500	71,64	Power-Classic	
Antoine Haulot	N S A R 2	2	BE	29/07/2003	M	Juniors	91,34	93	185	117,5	200	502,5	66,32	Power-Classic	
Antoine Lecolier	N S A R 2	2	BE	21/03/2006	M	Sub-juniors	72,86	74	160	82,5	200	442,5	65,49	Power-Classic	
Matizzio Ascoli	N S A R 2	2	BE	14/02/2006	M	Sub-juniors	57,32	59	125	77,5	172,5	375	63,02	Power-Classic	
													266,47		
Simon Louchart	Zenith 2	2	BE	27/10/2004	M	Juniors	71,42	74	182,5	107,5	200	490	73,28	Power-Classic	
Joé Paridaens	Zenith 2	2	BE	14/04/2008	M	Sub-juniors	88,8	93	195	105	232,5	532,5	71,26	Power-Classic	
Nathan Peeters	Zenith 2	2	BE	01/02/2008	M	Sub-juniors	91,24	93	177,5	5	110	190	477,5	63,05	Power-Classic
Elise Hoste	Zenith 2	2	BE	03/09/2004	F	Juniors	62,38	63	102,5	45	115	262,5	57,80	Power-Classic	
													265,39		
Louis Badot	O P L	2	BE	05/03/1999	M	Seniors	82,86	83	170	127,5	190	487,5	67,54	Power-Classic	
Emilien Collet	O P L	2	BE	01/04/2004	M	Juniors	65,14	66	165	80	185	430	67,50	Power-Classic	
Vermeeren Amon-rê	O P L	2	BE	29/07/2004	M	Juniors	102,6	105	190	122,5	210	522,5	65,19	Power-Classic	
Maerschalcke Lloic	O P L	2	BE	09/10/2006	M	Sub-juniors	8	66	147,5	92,5	165	405	64,42	Power-Classic	
													264,65		
Zakaria Laâyoun	APEX 5	5	BE	04/07/2005	M	Juniors	64,48	66	170	110	220	500	78,91	Power-Classic	
Amir Kalhori	APEX 5	5	BE	05/12/2001	M	Juniors	66,82	74	140	62,5	190	392,5	60,79	Power-Classic	
Clairbois Martin	APEX 5	5	BE	25,02,2003	M	Juniors	70,7	74	120	92,5	165	377,5	56,75	Power-Classic	
Ascoli Ilana	APEX 5	5	BE	23,01,2003	F	Juniors	59,88	63	90	50	105	245	55,46	Power-Classic	
													251,91		
Baptiste Croux	PHC Seraing 4	4	BE	21/02/2006	M	Sub-juniors	115,6	120	215	135	250,5	600,5	70,96	Power-Classic	
Guillaume Lambert	PHC Seraing 4	4	BE	12/10/2001	M	Juniors	103,1	105	200	125	210	535	66,61	Power-Classic	
Ynes Schouterden	PHC Seraing 4	4	BE	21/11/2004	F	Juniors	75,9	76	125	47,5	125	297,5	58,69	Power-Classic	
Lilian Steimetz	PHC Seraing 4	4	BE	13/02/2005	M	Juniors	70,8	74	120	92,5	150	362,5	54,46	Power-Classic	
													250,72		
Nathan Dirix	Zenith 3	3	BE	21/10/2003	M	Juniors	74,54	83	167,5	102,5	190	460	67,28	Power-Classic	
Alexis Esser	Zenith 3	3	BE	21/11/2003	M	Juniors	77,36	83	140	125	190	455	65,28	Power-Classic	
Sergiu Erimescu	Zenith 3	3	BE	03/03/2004	M	Juniors	98,46	105	167,5	115	212,5	495	63,00	Power-Classic	
Antonin Pirlot	Zenith 3	3	BE	16/06/2006	M	Sub-juniors	59,38	66	105	72,5	140	317,5	52,36	Power-Classic	
													247,92		
Dana Tannir	Mounier 2	2	BE	15/08/2005	F	Juniors	61,22	63	102,5	45	105	252,5	56,30	Power-Classic	
Vadim Dequecker	Mounier 2	2	BE	02/10/2001	M	Juniors	74,32	83	145	107,5	185	437,5	64,09	Power-Classic	
Vanessa Thonon	Mounier 3	3	BE	16/08/1984	F	Masters 1	61,36	63	70,5	42,5	5	220,5	49,09	Power-Classic	
Niels Vanhecke	Mounier 2	2	BE	14/08/2002	M	Juniors	78,68	83	172,5	100	202,5	475	67,56	Power-Classic	
													237,04		
Hinde Hajji	AKUMA Club	1	BE	11/10/1999	F	Seniors	55,42	57	117,5	47,5	5	317,5	76,10	Power-Classic	
Julien Borremans	AKUMA Club	1	BE	30/06/2005	M	Juniors	78,7	83	182,5	117,5	215	515	73,24	Power-Classic	

Levon Hakobyan	AKUMA Club	1	AM	05/06/2006	M	Sub-juniors	95,7	105	180	120	175	475	61,28	Power-Classic
Oliver Doyen	AKUMA Club	1	BE	24/05/2007	M	Sub-juniors	91,66	93	*/	*/	*/	*/	DSQ	Power-Classic
													210,62	
Amalia Monfort	Smart and Strong 2	2	BE	07/11/2003	F	Juniors	59,92	63	107,5	62,5	122,5	292,5	68,18	Power-Classic
Pauline Willems	Smart and Strong 2	2	BE	26/09/1994	F	Seniors	75,68	76	122,5	57,5	142,5	322,5	63,71	Power-Classic
Laura Gazon	Smart and Strong 2	2	BE	20/09/1996	F	Seniors	56,1	57	92,5	57,5	115	265	62,92	Power-Classic
													194,81	
Théo Nenin	O P L	3	BE	23/10/2006	M	Sub-juniors	55,02	59	112,5	80	150	342,5	58,84	Power-Classic
Joachim Cocriamont	O P L	3	BE	16/08/2000	M	Seniors	72,88	74	122,5	100	160	382,5	56,60	Power-Classic
Benjamin Robert	O P L	3	BE	05/06/2002	M	Juniors	81,5	83	*/	105	195	300	41,91	Power-Classic
													157,35	
Nicolas Vanwerthe	APEX 6	6	BE	07/01/2002	M	Juniors	61,16	66	110	65	155	330	53,57	Power-Classic
Hyppolyte Vuillet	APEX 6	6	BE	12/09/2005	M	Juniors	70,56	74	127,5	80	145	352,5	53,05	Power-Classic
Alexander Wijns	APEX 6	6	BE	02/06/1999	M	Seniors	69,8	74	92,5	57,5	125	275	41,62	Power-Classic
													148,24	
Thomas Bourgois	BEARS CAVE	1	BE	20/10/2003	M	Juniors	91,56	93	190	120	240	550	72,50	Power-Classic
Guillaume Van Laere	BEARS CAVE	1	BE	04/10/2003	M	Juniors	102,52	105	185	105	240	530	66,17	Power-Classic
													138,67	
Noa Mahjoubi	CSS Florennes 2	2	BE	03/10/2006	M	Sub-juniors	71,72	74	155	100	165	420	62,67	Power-Classic
Catherine Defraey	CSS Florennes 2	2	BE	16/10/1984	F	Masters 1	80,96	84	120	65	130	315	60,38	Power-Classic
													123,05	
Mathis Lecat	N S A R 3	3	BE	19/11/2002	M	Juniors	64,4	66	125	75	200	400	63,17	Power-Classic
Mélissa Leleux	N S A R 3	3	BE	21/01/1997	F	Seniors	68,5	69	100	52,5	105	257,5	53,56	Power-Classic
													116,73	
Solano Peracchi	Power Club Mettet	1	BE	18/05/2004	M	Juniors	73,6	74	200	122,5	260	582,5	85,76	Power-Classic
													85,76	
Alexandra Denisa Dumitru	Alpha Academy	1	RO	20/08/1997	F	Seniors	61,54	63	120	60	110	290	64,43	Power-Classic
													64,43	
Anthony François	AKUMA Club	2	BE	04/05/2004	M	Juniors	82,38	83	135	105	187,5	427,5	59,40	Power-Classic
													59,40	

Full name	Club	Team	NAT	Birth date	Sex	CAT AGE	PC	CAT	SQ	BP	DL	Total	PTS	Categories
Guillaume Dehan	O P L	1	BE	21/01/1995	M	Seniors	73,88	74	220	140	235	595	73,81	Power-Equip
Cyril Henquin	O P L	1	BE	12/01/1997	M	Seniors	82,78	83	220	120	260	600	69,39	Power-Equip
													143,20	
Anne Daineffe	APEX	1	BE	03/01/1982	F	Masters 1	62,76	63	170	100	150	420	75,99	Power-Equip
													75,99	

Full name	Club	Team	NAT	Birth date	Sex	CAT AGE	PC	CAT	SQ	BP	DL	Total	PTS	Categories
Lionel Versele	Power Club Metet	1	BE	28/01/1989	M	Seniors	104,3	105		165		165	74,08	BP-Classic

											8			
Frederik Derycke	Power Club Mettet	1	BE	13/01/1985	M	Seniors	106,5	120	152,5	67,82	BP-Classic			
Declercq Kelvin	Power Club Mettet	1	BE	08/08/1990	M	Seniors	67,52	74	80	80	44,82	BP-Classic		
											186,72			
Michael De Waele	O P L	1	BE	29/04/2000	M	Seniors	82,2	83	132,5	66,89	BP-Classic			
Fontana Elodie	O P L	1	BE	31/08/1988	F	Seniors	83,68	84	82,5	82,5	61,61	BP-Classic		
Jessica Wendy Bessang Ekoum	O P L	1	BE	30/08/2006	F	Sub-juniors	66,64	69	50	50	40,52	BP-Classic		
											169,02			
Logan Degey	Zenith 1	1	BE	28/07/1997	M	Seniors	81,66	83	162,5	82,31	BP-Classic			
Rafael Fernandez Vera	Zenith 1	1	BE	30/05/2001	M	Juniors	76,04	83	132,5	69,65	BP-Classic			
											151,96			
Noa Maillien	Mounier 1	1	BE	14/11/2006	M	Sub-juniors	71,7	74	117,5	63,73	BP-Classic			
Romain Hospied	Mounier 1	1	BE	10/01/2007	M	Sub-juniors	56,84	59	90	90	55,45	BP-Classic		
											119,18			
Christopher Dufour	N S A R 1	1	BE	26/12/1991	M	Seniors	91,38	93	165	165	78,96	BP-Classic		
											78,96			
Michel Dubucq	CSS Florennes 1	1	BE	05/06/1957	M	Masters 3	115,7	120	160	160	68,57	BP-Classic		
											68,57			

Full name	Club	Team	NAT	Birth date	Sex	CAT AGE	PC	CAT	SQ	BP	DL	Total	PTS	Categories
Deckers Mathieu	O P L	1	BE	17/01/2002	M	Juniors	72	74		*/		*/	DSQ	BP-Equip

ARBITRES

DELFOSE GREGOIRE	WARNIER JEAN CLAUDE	MATHELART RENAUD (EXAMEN REUSSE)	EXAMINATEUR : REMY ROGER
LEROT VIVIANE	COLLART JEAN LUC	DANLOY SANDRA (EXAMEN REUSSE)	EXAMINATEUR : REMY ROGER
WARNIER JEAN CLAUDE	LEROT VIVIANE	WARNIER JEAN CLAUDE	EXAMINATEUR : REMY ROGER
ROGER REMY	COLLART JEAN LUC	DANLOY SANDRA (EXAMEN REUSSE)	EXAMINATEUR : REMY ROGER
DAINEFFE ANNE	MATHELART RENAUD	DANLOY SANDRA	
COINNE ZOE	COLLART VIRGINIE	COLLART JEAN LUC	
DELFOSE GREGOIRE	WARNIER JEAN CLAUDE	LEROT VIVIANE	
	MATHELART RENAUD	DANLOY SANDRA	

RECORDS REALISES LORS DU IC 2 LFPH PL & BP 2/3 -3- 2024

* Correction / wijziging

RECORDS DE Belgique			CAT	SQ	BP	DL	TOTAL
ELOUAFI FATIMA	DA JUNIOR		84 +	170	85	210	465
CROUX BAPTISTE	SUB JUNIOR		-120		135	250,5	600,5
SEDDA AMELIA	DA JUNIOR	*	-47	80,5	45	110,5	236
SEDDA AMELIA	DA SENIOR	*	-47			110,5	

RECORDS L F P H							
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ELOUAFI	FATIMA		DA JUNIOR	84 +	170	85	210	465
ELOUAFI	FATIMA		DA SENIOR	84 +	170	85	210	465
SEDDA	AMELIA	*	DA JUNIOR	-47	80,5	45	110,5	236
SEDDA	AMELIA	*	DA SENIOR	-47	80,5	45	110,5	236
WAEGENEERS	MARIE		DA JUNIOR	-76	140		170	385
WAEGENEERS	MARIE		DA SENIOR	-76	140		170	385
VAN DEN BERGHE	PAULINE		DA JUNIOR	-84	142,5			385
THONON	VANESSA		DA MAS 40	-63	70,5			220,5
DEFRAEY	CATHERINE		DA MAS 40	-84	120	65	130	315
GILLISSEN	FLORIAN		SENIOR	-120	295			760
ZAYYAD	MARZAQ TAREK		JUNIOR	-83			280	
LUTHEREAU	BAPTISTE		SUB JUNIOR	-83		132,5		
ASCOLI	MATIZZIO		SUB JUNIOR	-59			172,5	375
CROUX	BAPTISTE		SUB JUNIOR	-120	215	135	250,5	600,5

RECORDS DE Belgique BENCH PRESS SINGLE				CAT
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ELOUAFI	FATIMA		DA JUNIOR	84 +
CROUX	BAPTISTE		SUB JUNIOR	-120

BP

85
135

RECORDS L F P H BENCH PRESS SINGLE				
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ELOUAFI	FATIMA		DA JUNIOR	84 +	85
ELOUAFI	FATIMA		DA SENIOR	84 +	85
CROUX	BAPTISTE		SUB JUNIOR	-120	135
DEFRAEY	CATHERINE		DA MAS 40	-84	65
HOSPIED	ROMAIN		SUB JUNIOR	-59	90
SEDDA	AMELIA	*	DA JUNIOR	-47	45
SEDDA	AMELIA	*	DA SENIOR	-47	45