

LIGUE FRANCOPHONE DES POIDS ET HALTERES asbl
Vlaamse Gewichtheffers en Powerlifting Federatie vzw

CALENDAR 2023

	* changement / wijziging			13.11.2023					
							Toutes compet LFPH/NAT => inscription via CLEA		
DATE	COMPETITION	WL/Pow/BP		PLACE	Organizer	Preliminary	Final	Pre-Belgium	
<u>Oktober</u>									
6 - 8	Mediterranean Weightlifting Cup	Weightlifting		Cospicua	Malta				
8 - 15	WORLD Masters	Powerlifting	EQ & CL	Unlaanbaatar	MON				
9 - 17	EUROPEAN Juniors and Sub-Juniors	Powerlifting	Classic	Budapest	HUN				
13 - 14	European Union Cup	Weightlifting		Ljubljana	Slovenia				
14	CONSEIL ADMINISTRATION Ligue Francophone	ADMIN		PETIT-ENGHIEN					
28	Championnat Belgique Clubs / BK Clubs	Power & BP	EQ + CL	ENGHIEN	Enghien - Nautisport				
28	Tournoi Dernière Chance CB	Weightlifting		Parc Sportif 3 Tilleuls/Watermael Boitsfort	BWS				
29/10 - 4/11	IPF University Cup	Powerlifting	Classic	Kranjska Gora	Slovenia				
<u>November</u>									
4	Conseil Administration NATIONAL	ADMIN		Petit-Enghien					
11									
13- 19	Championnat du Monde	Powerlifting	Equipped	Druskininkai	LTH	FIN	23-10-23	pre Belgium > 06/09/2023	
18	Challenge Bodart-Delava ((inscriptions limitées 4 plateau)	Weightlifting & Powerlifting	par équipe	Seraing	PHC Seraing				
25 - 26	Small Nation Tournament (invité par le Luxembourg : 2W + 3 M= TBC)	Weightlifting		Luxembourg	Dudelange	FIN	FIN	pre Belgium > 17/09/2023	
* 25	Microwedstrijd (voorbereiding IWF Qatar)	Weightlifting		Gent topsporthal	KO Gent				
25 - 26	BENELUX Tournament	Powerlifting	EQ & CL	Tilburg (NED) - Spartacus club	Pays-Bas	FIN	26-10-23	pre Belgium > 18/09/2023	
15 - 23	WORLD Juniors	Weightlifting		Guadalajara	Mexico		FIN		

December					
* Sa 2/12 & Di 3/12	Champ. Belgique H & D / BK (seniors)	Weightlifting		Fléron	Heavy WL Team
4 - 9	EUROPEAN Open	Powerlifting	Classic	Tartu	Estonia
04 - 14	IWF Grand Prix	Weightlifting		Doha	QAT
Sunday 10	Champ. Belgique PL EQ / BK PL EQ	Powerlifting	Equipped	Brugge	Squatsquadcity
Sunday 10	Champ. Belgique BP EQ & CL / BK BP EQ & CL	Bench Press	EQ & CL	Brugge	Squatsquadcity

FIN

13-11-23 pre Belgium > 27/09/2023

FIN