

2023 MINIMA DE PARTICIPATION POWERLIFTING **EQUIPPED** HOMMES

| HOMMES SENIOR | | | | HOMMES JUNIOR | | | | HOMMES SUB JUNIOR | | | |
|--------------------|---------|--------|-------|--------------------|---------|--------|-------|--------------------|---------|--------|-------|
| CAT | BELGIUM | EUROPE | MONDE | CAT | BELGIUM | EUROPE | MONDE | CAT | BELGIUM | EUROPE | MONDE |
| -53 | | | | -53 | 390 | 470 | 500 | -53 | 355 | 430 | 445 |
| -59 | 475 | 565 | 600 | -59 | 425 | 515 | 545 | -59 | 385 | 465 | 490 |
| -66 | 515 | 610 | 650 | -66 | 465 | 560 | 590 | -66 | 420 | 510 | 530 |
| -74 | 555 | 660 | 700 | -74 | 500 | 605 | 635 | -74 | 450 | 550 | 575 |
| -83 | 600 | 710 | 755 | -83 | 535 | 650 | 685 | -83 | 485 | 590 | 615 |
| -93 | 635 | 755 | 800 | -93 | 570 | 690 | 730 | -93 | 515 | 625 | 655 |
| -105 | 675 | 800 | 850 | -105 | 605 | 735 | 775 | -105 | 550 | 665 | 695 |
| -120 | 715 | 850 | 900 | -120 | 640 | 775 | 815 | -120 | 580 | 705 | 735 |
| 120 + | 755 | 895 | 950 | 120 + | 675 | 820 | 860 | 120 + | 610 | 740 | 775 |
| 69 82 87 | | | | 62 75 79 | | | | 56 68 71 | | | |

| HOMMES MASTER 1 | | | | HOMMES MASTER 2 | | | | HOMMES MASTER 3 | | | | HOMMES MASTER 4 | | | |
|-----------------|---------|--------|-------|-----------------|---------|--------|-------|-----------------|---------|--------|-------|-----------------|---------|--------|-------|
| CAT | BELGIUM | EUROPE | MONDE | CAT | BELGIUM | EUROPE | MONDE | CAT | BELGIUM | EUROPE | MONDE | CAT | BELGIUM | EUROPE | MONDE |
| -59 | | 455 | 455 | -59 | | 370 | 370 | -59 | | 335 | 335 | -59 | | 300 | 300 |
| -66 | | 495 | 495 | -66 | | 405 | 405 | -66 | | 365 | 365 | -66 | | 330 | 330 |
| -74 | | 535 | 535 | -74 | | 435 | 435 | -74 | | 395 | 395 | -74 | | 355 | 355 |
| -83 | | 570 | 570 | -83 | | 470 | 470 | -83 | | 425 | 425 | -83 | | 380 | 380 |
| -93 | | 610 | 610 | -93 | | 500 | 500 | -93 | | 450 | 450 | -93 | | 405 | 405 |
| -105 | | 645 | 645 | -105 | | 530 | 530 | -105 | | 480 | 480 | -105 | | 430 | 430 |
| -120 | | 685 | 685 | -120 | | 560 | 560 | -120 | | 505 | 505 | -120 | | 455 | 455 |
| 120 + | | 720 | 720 | 120 + | | 590 | 590 | 120 + | | 535 | 535 | 120 + | | 480 | 480 |
| 66 66 | | | | 54 54 | | | | 49 49 | | | | 44 44 | | | |