

LIGUE FRANCOPHONE DES POIDS ET HALTERES asbl

Vlaamse Gewichtheffers en Powerlifting Federatie vzw

CALENDAR 2022

PL + BP & WL

	* changement / wijziging		Update: 28.07.2022		
DATE	COMPETITION	WL/Pow/BP		PLACE	Preliminary Final
April					
Vac.Pâques 04 - 18 Paasvakantie					
2 + 3	2 Interclub VGPF power + BP	Power + BP	EQ + CL	Crf Super 7 (Leuven)	
Di 3	2 Interclub LFPH power + BP	Power + BP	EQ + CL	La Louvière	
9	Conseil d'Administration & AG NAT.	ADMIN		Petit-Enghien	
15	Micro-wedstrijd voor VGPF topsporters (op uitnodiging & 1 plateau)	Weightlifting		Crf.Endg. (Lochristi)	
30	3 Interclub LFPH power + BP	Power + BP	EQ + CL	Seraing	
May					
02 - 10	World JUNIORS	Weightlifting		Hersonissos (GRE)	
2 - 8	EUROPEAN Open - SubJun - Jun	Powerlifting	Equipped	Pilsen (CZE)	
Di 8	3 interclub LFPH haltéro	Weightlifting		Lasne	
Zo 8	3 interclub VGPF haltéro	Weightlifting		Strive (Houthalen)	
14-15	3 Interclub VGPF power + BP	Power + BP	EQ + CL	SquatsquadCity (Brugge)	
21-29	World Championships	Bench press	EQ & CL	Almaty (KAZ)	
25 - 5/6	EUROPEAN Seniors	Weightlifting		Tirana (ALB)	
June					
Pentecôte 5-6 Pinksteren					
6 - 12	World OPEN	Powerlifting	Classic	Sun City (S-Afr)	
11	Championnat de Belgique des Clubs - BK Clubs	Weightlifting		Seraing	
11 - 18	World U15 & U17 (Youth)	Weightlifting		Léon (MEX)	
25	Championnat de Belgique des Clubs - BK Clubs / FINAL	POW + BPS	EQ & CL	Primer Acad (Wilsesele)	
30/6 - 3/7	Women Weightlifting Grand Prix	Weightlifting		Dudelage (LUX)	
July					
1	Micro-wedstrijd voor VGPF topsporters (op uitnodiging & 1 plateau)	Weightlifting		VGPF	
2	International Tournament Masters & Ladies Open + CB Masters - BK Masters	Weightlifting		Waregem	
6 - 10	EUROPEAN Masters	Powerlifting	Equipped	Eskilstuna (SWE)	
7 - 17	World Games	Powerlifting	Equipped	Birmingham (USA)	
8 - 9	European Union Cup U15-U17-U20	Weightlifting		LEÓN (ESP)	
16 TBC	BWS micro-Open - sur invitation et maximum 21 athlètes	Weightlifting		BWS (Watermael-Boitsfort)	

August							
2 - 7	EUROPEAN Open, SubJun, Jun, Masters	Bench Press	EQ & CL	Budapest (HUN)			
10 - 18	European U15 & U17 (Youth)	Weightlifting		Raszyn Warchau (POL)			
20 & 21	Champ. Ligue - VGPF	Power + BP	EQ & CL	Crf Super 7 (Leuven)			
20 - 28	EUROPEAN Masters Championships	Weightlifting		Raszyn Warchau (POL)			
25 -28	STAGE LFPH	Halt + Pow /BP		Berck sur Mer (FRA)			
26/8-04/09	WORLD SJun & Jun Powerlifting Championships	Powerlifting	EQ & CL	Istanbul (TUR)	END	02-08-22	Reminder > Pre-NOMINATION 8 days before 28/06
September							
Di 4	Championnat LFPH (PL & BP)	Power + BP	EQ & CL	LASNE			
9 - 11	W.E.C. (championnat par équipe/6 max/équipe)	Powerlifting	EQ & CL	Aulnat (FRA)	01-07-22	18-08-22	Reminder >Pre-NOMINATION 8 days before 9/07
17 et/ou 18	Championnat LFPH (WL)	weightlifting		ORGANISATEUR ?			
25	Championnats de Belgique / BK Sub-Jun, Jun, Masters + VGPF Kamp	Powerlifting	Classic	SquatsquadCity (Brugge)			
23-25	Arnold Classic Europe (on best pts; invitation of EPF/IPF)	Power + BP	EQ & CL	Birmingham (UK)			
Oktober							
2	Championnat de Belgique - BK U15, U17, Jun / BK + VGPF kampionenschap	Weightlifting		Aalst (Alost)			
8							
09 - 15	World Masters	powerlifting	EQ & CL	St-John's (CAN)	02-08-22	18-09-22	Reminder > Pre-NOMINATION 8 days before 10/08
15	CONSEIL ADMINISTRATION Ligue Francophone	ADMIN		PETIT-ENGHIE			
15 - 25	! EUROPEAN Jun & U23	Weightlifting		Tirana (ALB)	15-08-22		
22	Championnats de Belgique OPEN / BK (Seniors)	Powerlifting	Classic	LASNE			
29							
November							
5	Conseil Administration NATIONAL	ADMIN		Petit-Enghien			
12	Champ. Belgique OPEN H & D / BK OPEN (seniors)	Weightlifting		Crossfit Endgame			
13	IPF Congress/GA & Rules changes Meeting & TM	Powerlifting		Viborg (DEN)			
14 - 20	WORLD Open	Powerlifting	Equipped	Viborg (DEN)	07-09-22	24-10-22	Reminder > Pre-NOMINATION 8 days before 15/09
19							
26 TBC	Generation Challenge J. Bodart	weightlifting		Seraing			
25/11 - 4/12	EUROPEAN Open, jun, SubJun	Powerlifting	Classic	Skieriewice (POL)	18-09-22	04-11-22	Reminder > Pre-NOMINATION 8 days before 26/09
December							
1 - 17/12	WORLD Seniors	Weightlifting		Bogota (Col)			
2 - 10	WORLD Masters	Weightlifting		Orlando (USA)		15/6 <-> 15/9	
3	Champ. Belgique PL EQ / BK PL EQ	Powerlifting	Equipped	La Louvière TBC			
3	Champ. Belgique BP EQ & CL / BK BP EQ & CL	Bench Press	EQ & CL	La Louvière TBC			
10 TBC	La Dernière Chance ?? TBC	Weightlifting		LFPH et/ou VGPF ? - TBC			
17 & 18	BENELUX Tournament (IPF GL-ranking)	Powerlifting	EQ & CL	Hamm, LUXEMBOURG	08-10-22		Reminder > Pre-NOMINATION 8 days before 16/10 - TBC