

LIGUE FRANCOPHONE DES POIDS ET HALTERES asbl

Vlaamse Gewichtheffers en Powerlifting Federatie vzw

CALENDAR 2022

PL + BP & WL

	* changement / wijziging		Update: 29.05.2022			
DATE	COMPETITION	WL/Pow/BP		PLACE	Preliminary	Final
April	Vac.Pâques 04 - 18 Paasvakantie					
2 + 3	2 Interclub VGPF power + BP	Power + BP	EQ + CL	Crf Super 7 (Leuven)		
Di 3	2 Interclub LFPH power + BP	Power + BP	EQ + CL	La Louvière		
9	Conseil d'Administration & AG NAT.	ADMIN		Petit-Enghien		
15	Micro-wedstrijd voor VGPF topsporters (op uitnodiging & 1 plateau)	Weightlifting		Crf.Endg. (Lochristi)		
30	3 Interclub LFPH power + BP	Power + BP	EQ + CL	Seraing		
May						
02 - 10	World JUNIORS	Weightlifting		Hersonissos (GRE)		
2 - 8	EUROPEAN Open - SubJun - Jun	Powerlifting	Equipped	Pilsen (CZE)		
Di 8	3 interclub LFPH haltéro	Weightlifting		Lasne		
Zo 8	3 interclub VGPF haltéro	Weightlifting		Strive (Houthalen)		
14-15	3 Interclub VGPF power + BP	Power + BP	EQ + CL	SquatsquadCity (Brugge)		
21-29	World Championships	Bench press	EQ & CL	Almaty (KAZ)		
25 - 5/6	EUROPEAN Seniors	Weightlifting		Tirana (ALB)		
June	Pentecôte 5-6 Pinksteren					
6 - 12	World OPEN	Powerlifting	Classic	Sun City (S-Afr)		
11	Championnat de Belgique des Clubs - BK Clubs	Weightlifting		Seraing		
11 - 18	World U15 & U17 (Youth)	Weightlifting		Léon (MEX)	END	
25 or 26 TBC	Championnat de Belgique des Clubs - BK Clubs / FINAL	POW + BPS	EQ & CL	Primer Acad (Witsele)		
30/6 - 3/7	Women Weightlifting Grand Prix	Weightlifting		Dudelange (LUX)	END	
July						
1	Micro-wedstrijd voor VGPF topsporters (op uitnodiging & 1 plateau)	Weightlifting		VGPF		
2	International Tournament Masters & "Ladies Open" + CB Masters - BK Masters	Weightlifting		Waregem		
6 - 10	EUROPEAN Masters	Powerlifting	Equipped	Eskilstuna (SWE)	END	14-06-22
8 - 9	European Union Cup U15-U17-U20	Weightlifting		LEÓN (ESP)	09-05-22	09-06-22
7 - 17	World Games	Powerlifting	Equipped	Birmingham (USA)	END	
* 16 TBC	BWS micro-Open - sur invitation et maximum 21 athlètes	Weightlifting		BWS (Watermael-Boitsfort)		

August								
2 - 7	EUROPEAN Open, SubJun, Jun, Masters	Bench Press	EQ & CL	Budapest (HUN)	END	11-07-22	Reminder > Pre-NOMINATION 8 days before 2/06	
10 - 18	European U15 & U17 (Youth)	Weightlifting		Raszyn Warchau (POL)	06-10/06/2022	09-07-22		
20 & 21	Champ. Ligue - VGPF	Power + BP	EQ & CL	Crf Super 7 (Leuven)				
20 - 29	EUROPEAN Masters Championships	Weightlifting		Raszyn Warchau (POL)				
25 -28	STAGE LFPH	Halt + Pow/BP		Berck sur Mer (FRA)				
26/8-04/09	WORLD SJun & Jun Powerlifting Championships	Powerlifting	EQ & CL	Istanbul (TUR)	24-06-22		Reminder > Pre-NOMINATION 8 days before 24/06	
September								
3	Championnat LFPH (PL & BP)	Power + BP	EQ & CL	LASNE				
9 - 11	W.E.C. (championnat par équipe/6 max/équipe)	Powerlifting	EQ & CL	Aulnat (FRA)	09-07-22	18-08-22	Reminder >Pre-NOMINATION 8 days before 9/07	
18	Championnat LFPH (WL)	weightlifting		Habeas Corp.				
25	Championnats de Belgique / BK Sub-Jun, Jun, Masters + VGPF Kamp	Powerlifting	Classic	SquatsquadCity (Brugge)				
23-25	Arnold Classic Europe (on best pts; invitation of EPF/IPF)	Power + BP	EQ & CL	Birmingham (UK)				
Oktober								
2	Championnat de Belgique - BK U15, U17, Jun / BK + VGPF kampschap	Weightlifting		Aalst (Alost)				
8								
09 - 15	World Masters	powerlifting	EQ & CL	St-John's (CAN)	08-08-22		Reminder > Pre-NOMINATION 8 days before 8/08	
15	CONSEIL ADMINISTRATION Ligue Francophone	ADMIN		PETIT-ENGHIE				
15 - 25	EUROPEAN Jun & U23	Weightlifting		Tirana (ALB)	15-08-22			
22	Championnats de Belgique OPEN / BK (Seniors)	Powerlifting	Classic	LASNE				
29								
November								
5	Conseil Administration NATIONAL	ADMIN		Petit-Enghien				
12	Champ. Belgique OPEN H & D / BK OPEN (seniors)	Weightlifting		Crossfit Endgame				
13	IPF Congress/GA & Rules changes Meeting	Powerlifting		Viborg (DEN)				
14 - 20	WORLD Open	Powerlifting	Equipped	Viborg (DEN)	13-09-22		Reminder > Pre-NOMINATION 8 days before 13/09	
19								
26 TBC	Generation Challenge J. Bodart	weightlifting		Seraing				
25/11 - 4/12	EUROPEAN Open, jun, SubJun	Powerlifting	Classic	Skieriewice (POL)	24-09-22		Reminder > Pre-NOMINATION 8 days before 24/09	
December								
1 - 17/12	WORLD Seniors	Weightlifting		Bogota (Col)				
2 - 10	WORLD Masters	Weightlifting		Orlando (USA)	01-10-22			
3	Champ. Belgique PL EQ / BK PL EQ	Powerlifting	Equipped	La Louvière TBC				
3	Champ. Belgique BP EQ & CL / BK BP EQ & CL	Bench Press	EQ & CL	La Louvière TBC				
10 TBC	La Dernière Chance ?? TBC	Weightlifting		LFPH et/ou VGPF ??				
17 & 18	BENELUX Tournament (IPF GL-ranking)	Powerlifting	EQ & CL	Hamm, LUXEMBOURG	16-10-22		Reminder > Pre-NOMINATION 8 days before 16/10	