

LIGUE FRANCOPHONE DES POIDS ET HALTERES asbl

Vlaamse Gewichtheffers en Powerlifting Federatie vzw

CALENDAR 2022

PL + BP & WL

* changement / wijziging		Update: 02.05.2022			Preliminary	Final
DATE	COMPETITION	WL/Pow/BP		PLACE		
April						
Vac.Pâques 04 - 18 Paasvakantie						
2 + 3	2 Interclub VGPF power + BP	Power + BP	EQ + CL	Crf Super 7 (Leuven)		
Di 3	2 Interclub LFPH power + BP	Power + BP	EQ + CL	La Louvière		
9	Conseil d'Administration & AG NAT.	ADMIN		Petit-Enghien		
15	Micro-wedstrijd voor VGPF topsporters (op uitnodiging & 1 plateau)	Weightlifting		Crf.Endg. (Lochristi)		
30	3 Interclub LFPH power + BP	Power + BP	EQ + CL	Seraing		
May						
02 - 10	World JUNIORS	Weightlifting		Hersonissos (GRE)		
2 - 8	EUROPEAN Open - SubJun - Jun	Powerlifting	Equipe d	Pilsen (CZE)		
Di 8	3 interclub LFPH haltéro	Weightlifting		Lasne	avec la collaboration de BWS	
Zo 8	3 interclub VGPF haltéro	Weightlifting		Strive (Houthalen)		
14-15	3 Interclub VGPF power + BP	Power + BP	EQ + CL	SquatsquadCity (Brugge)		
21-29	World Championships	Bench press	EQ & CL	Almaty (KAZ)	END	
25 - 5/6	EUROPEAN Seniors	Weightlifting		Tirana (ALB)	END	END
June						
Pentecôte 5-6 Pinksteren						
6 - 12	World OPEN	Powerlifting	Classic	Sun City (S-Afr)	END	16-05-22
11	Championnat de Belgique des Clubs - BK Clubs	Weightlifting		Seraing		
11 - 18	World U15 & U17 (Youth)	Weightlifting		Léon (MEX)	END	
25 or 26 TBC	Championnat de Belgique des Clubs - BK Clubs / FINAL	POW + BPS	EQ & CL	Primer Acad (Wilsele)		
30/6 - 3/7	Women Weightlifting Grand Prix	Weightlifting		Dudelange (LUX)	END	
July						
2	International Tournament Masters & "Ladies Open" + CB Masters - BK Masters	Weightlifting		Waregem		
6 - 10	EUROPEAN Masters	Powerlifting	Equipe d	Eskilstuna (SWE)	06-05-22	Reminder > Pre-NOMINATION 8 days before 6/05
8	Micro-wedstrijd voor VGPF topsporters (op uitnodiging & 1 plateau)	Weightlifting		VGPF		
8 - 9	European Union Cup U15-U17-U20	Weightlifting		Leon (ESP)	09-05-22	09-06-22
7 - 17	World Games	Powerlifting	Equipe d	Birmingham (USA)	END	

August						
2 - 7	EUROPEAN Open, SubJun, Jun, Masters	Bench Press	EQ & CL	Budapest (HUN)	02-06-22	Reminder > Pre-NOMINATION 8 days before 2/06
10 - 18	European U15 & U17 (Youth)	Weightlifting		Raszyn Warchau (POL)		
20 & 21	Champ. Ligue - VGPF	Power + BP	EQ & CL	Crf Super 7 (Leuven)		
20 - 29	EUROPEAN Masters Championships	Weightlifting		Raszyn (POL)		
25 -28	STAGE LFPH	Halt + Pow/BP		Berck sur Mer (FRA)		
* 26/8-04/09	WORLD SJun & Jun Powerlifting Championships	Powerlifting	EQ & CL	Istanbul (TUR)	24-06-22	Reminder > Pre-NOMINATION 8 days before 24/06
September						
3	Championnat LFPH (PL & BP)	Power + BP	EQ & CL	LASNE		
9 - 11	W.E.C. (championnat par équipe/6 max/équipe)	Powerlifting	EQ & CL	Aulnat (FRA)	09-07-22	18-08-22 Reminder >Pre-NOMINATION 8 days before 9/07
18	Championnat LFPH (WL)	weightlifting		Habeas Corp.		
25	Championnats de Belgique / BK Sub-Jun, Jun, Masters + VGPF Kamp.	Powerlifting	Classic	SquatsquadCity (Brugge)		
23-25	Arnold Classic Europe (on best pts; invitation of EPF/IPF)	Power + BP	EQ & CL	Birmingham (UK)		
Oktober						
2	Championnat de Belgique - BK U15, U17, Jun / BK + VGPF kampschap	Weightlifting		Aalst (Alost)		
8						
09 - 15	World Masters	powerlifting	EQ & CL	St-John's (CAN)	08-08-22	Reminder > Pre-NOMINATION 8 days before 8/08
15	CONSEIL ADMINISTRATION Ligue Francophone	ADMIN		PETIT-ENGHIEN		
15 - 25	! EUROPEAN Jun & U23	Weightlifting		Tirana (ALB)	15-08-22	
22	Championnats de Belgique OPEN / BK (Seniors)	Powerlifting	Classic	LASNE		
29						
November						
5	Conseil Administration NATIONAL	ADMIN		Petit-Enghien		
12	Champ. Belgique OPEN H & D / BK OPEN (seniors)	Weightlifting		Crossfit Endgame		
13	IPF Congress/GA & Rules changes Meeting	Powerlifting		Viborg (DEN)		
14 - 20	WORLD Open	Powerlifting	Equippe d	Viborg (DEN)	13-09-22	Reminder > Pre-NOMINATION 8 days before 13/09
19						
* 26 TBC	Generation Challenge J. Bodart	weightlifting		Seraing		
date TBC	WORLD Seniors	Weightlifting		Bogota (Col)		
25/11 - 4/12	EUROPEAN Open, jun, SubJun	Powerlifting	Classic	Skieriewice (POL)	24-09-22	Reminder > Pre-NOMINATION 8 days before 24/09
December						
2 - 10	WORLD Masters	Weightlifting		Orlando (USA)	01-10-22	
3	Champ. Belgique PL EQ / BK PL EQ	Powerlifting	Equippe d	La Louvière TBC		
3	Champ. Belgique BP EQ & CL / BK BP EQ & CL	Bench Press	EQ & CL	La Louvière TBC		
10 TBC	La Dernière Chance ?? TBC	Weightlifting		LFPH et/ou VGPF ??		
17 & 18	BENELUX Tournament (IPF GL-ranking)	Powerlifting	EQ & CL	Hamm, LUXEMBOURG	16-10-22	Reminder > Pre-NOMINATION 8 days before 16/10