

# LIGUE FRANCOPHONE DES POIDS ET HALTERES asbl

Vlaamse Gewichtheffers en Powerlifting Federatie vzw

## CALENDAR 2022

### WEIGHTLIFTING

	* changement / wijziging		Update: 29.04.2022		
DATE	COMPETITION	WL/Pow/BP	PLACE	Preliminary	Final
<b>April</b>	<b>Vac.Pâques 04 - 18 Paasvakantie</b>				
15	Micro-wedstrijd voor <b>VGPF</b> topsporters (op uitnodiging & 1 plateau)	Weightlifting	<b>Crf.Endg.</b> (Lochristi)		
<b>May</b>					
02 - 10	<b>World JUNIORS</b>	Weightlifting	Hersonissos (GRE)		
<b>Di 8</b>	3 interclub <b>LFPH</b> haltéro	Weightlifting	<b>Lasne</b>		avec la collaboration de BWS
<b>Zo 8</b>	3 interclub <b>VGPF</b> haltéro	Weightlifting	<b>Strive</b> (Houthalen)		
25 - 5/6	<b>EUROPEAN</b> Seniors	Weightlifting	Tirana (ALB)	END	END
<b>June</b>	<b>Pentecôte 5-6 Pinksteren</b>				
11	Championnat de <b>Belgique</b> des Clubs - BK Clubs	Weightlifting	<b>Seraing</b>		
11 - 18	<b>World</b> U15 & U17 (Youth)	Weightlifting	Léon (MEX)	END	
30/6 - 3/7	Women Weightlifting Grand Prix	Weightlifting	Dudelange (LUX)	END	
<b>July</b>					
2	<b>International Tournament Masters &amp; "Ladies Open" + CB</b> Masters - <b>BK</b> Masters	Weightlifting	<b>Waregem</b>		
<b>* 8</b>	Micro-wedstrijd voor <b>VGPF</b> topsporters (op uitnodiging & 1 plateau)	Weightlifting	<b>VGPF</b>		
8 - 9	European Union Cup U15-U17-U20	Weightlifting	Leon (ESP)	09-05-22	09-06-22
<b>August</b>					
<b>* 10 - 18</b>	<b>European</b> U15 & U17 (Youth)	Weightlifting	Raszyn Warchau (POL)		
20 - 29	<b>EUROPEAN</b> Masters Championships	Weightlifting	Raszyn (POL)		

<b>September</b>				
17 + 18 ? TBC	Championnat <b>LFPH</b> (WL)	weightlifting	<b>Habeas Corp.TBC</b>	
<b>Oktober</b>				
* 2	Championnat de <b>Belgique</b> - BK U15, U17, Jun / <b>BK</b> + VGPF kampioenschap	Weightlifting	<b>Aalst (Alost)</b>	
15 - 25	! <b>EUROPEAN</b> Jun & U23	Weightlifting	Tirana (ALB)	15-08-22
<b>November</b>				
* 12	Champ. <b>Belgique</b> OPEN H & D / <b>BK</b> OPEN (seniors)	Weightlifting	Crossfit Endgame	
* 26 TBC	<b>Generation Challenge J. Bodart</b>	weightlifting	Seraing	
date TBC	<b>WORLD</b> Seniors	Weightlifting	Bogota (Col)	
<b>December</b>				
2 - 10	<b>WORLD</b> Masters	Weightlifting	Orlando (USA)	01-10-22
10 TBC	La Dernière Chance ?? TBC	Weightlifting	LFPH et/ou VGPF ??	