

**-53 H****EQUIPPED****Sub-Junior**

| LIFT | NAT             |       | LFPH |  | VGPF            |       |
|------|-----------------|-------|------|--|-----------------|-------|
| SQ   |                 | 110   |      |  |                 | 110   |
| BP   |                 | 70    |      |  |                 | 70    |
| DL   | De Greve Gianni | 122.5 |      |  | De Greve Gianni | 122.5 |
| TOT  |                 | 305   |      |  |                 | 305   |

**Junior**

| LIFT | NAT |     | LFPH        |     | VGPF |     |
|------|-----|-----|-------------|-----|------|-----|
| SQ   |     | 150 |             |     |      | 150 |
| BP   |     | 85  | Wery Gaetan | 80  |      | 85  |
| DL   |     | 150 | Wery Gaetan | 140 |      | 150 |
| TOT  |     | 385 | Wery Gaetan | 235 |      | 385 |

**-59 H****EQUIPPED****Sub-Junior**

| LIFT | NAT            |     | LFPH |  | VGPF           |     |
|------|----------------|-----|------|--|----------------|-----|
| SQ   |                | 135 |      |  |                | 135 |
| BP   |                | 80  |      |  |                | 80  |
| DL   | Emmerechts Ken | 150 |      |  | Emmerechts Ken | 150 |
| TOT  |                | 350 |      |  |                | 350 |

**Junior**

| LIFT | NAT             |     | LFPH |  | VGPF            |     |
|------|-----------------|-----|------|--|-----------------|-----|
| SQ   |                 | 160 |      |  |                 | 160 |
| BP   | De Groote Kenny | 95  |      |  | De Groote Kenny | 95  |
| DL   |                 | 180 |      |  |                 | 180 |
| TOT  |                 | 430 |      |  |                 | 430 |

**Senior**

| LIFT | NAT             |       | LFPH            |       | VGPF |     |
|------|-----------------|-------|-----------------|-------|------|-----|
| SQ   |                 | 205   | Nalinne Michael | 170   |      | 205 |
| BP   | Nalinne Michael | 122.5 | Nalinne Michael | 122.5 |      | 120 |
| DL   |                 | 210   | Nalinne Michael | 175   |      | 210 |
| TOT  |                 | 535   | Nalinne Michael | 462.5 |      | 535 |

**Master 1 (40+)**

| LIFT | NAT            |     | LFPH           |       | VGPF |     |
|------|----------------|-----|----------------|-------|------|-----|
| SQ   |                | 160 | Vernimmen Paul | 123   |      | 160 |
| BP   |                | 115 | Vernimmen Paul | 86    |      | 115 |
| DL   | Vernimmen Paul | 168 | Vernimmen Paul | 168   |      | 150 |
| TOT  |                | 440 | Vernimmen Paul | 372,5 |      | 440 |

**Master 2 (50+)**

| LIFT | NAT            |     | LFPH           |       | VGPF |     |
|------|----------------|-----|----------------|-------|------|-----|
| SQ   |                | 155 | Vernimmen Paul | 123   |      | 155 |
| BP   |                | 90  | Vernimmen Paul | 86    |      | 90  |
| DL   | Vernimmen Paul | 168 | Vernimmen Paul | 168   |      | 145 |
| TOT  |                | 405 | Vernimmen Paul | 372,5 |      | 405 |

**Master 3 (60+)**

| LIFT | NAT            |       | LFPH           |       | VGPF |     |
|------|----------------|-------|----------------|-------|------|-----|
| SQ   | Vernimmen Paul | 123   | Vernimmen Paul | 123   |      | 115 |
| BP   | Vernimmen Paul | 86    | Vernimmen Paul | 86    |      | 85  |
| DL   | Vernimmen Paul | 168   | Vernimmen Paul | 168   |      | 120 |
| TOT  | Vernimmen Paul | 372,5 | Vernimmen Paul | 372,5 |      | 320 |

**Master 4 (70+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 110 |      |  |      | 110 |
| BP   |     | 65  |      |  |      | 65  |
| DL   |     | 110 |      |  |      | 110 |
| TOT  |     | 300 |      |  |      | 300 |

**-66 H****EQUIPPED****Sub-Junior**

| LIFT | NAT               |       | LFPH              |       | VGPF                |     |
|------|-------------------|-------|-------------------|-------|---------------------|-----|
| SQ   | Mignolet Geoffrey | 187.5 | Mignolet Geoffrey | 187.5 |                     | 140 |
| BP   | Mignolet Geoffrey | 130   | Mignolet Geoffrey | 130   |                     | 100 |
| DL   | Mignolet Geoffrey | 212.5 | Mignolet Geoffrey | 212.5 | VanHerewegen Masimo | 150 |
| TOT  | Mignolet Geoffrey | 520   | Mignolet Geoffrey | 520   |                     | 390 |

**Junior**

| LIFT | NAT               |       | LFPH              |       | VGPF          |     |
|------|-------------------|-------|-------------------|-------|---------------|-----|
| SQ   | Mignolet Geoffrey | 187.5 | Mignolet Geoffrey | 187.5 |               | 185 |
| BP   | Mignolet Geoffrey | 130   | Mignolet Geoffrey | 130   | Wijns Maarten | 125 |
| DL   | Mignolet Geoffrey | 212.5 | Mignolet Geoffrey | 212.5 | Wijns Maarten | 200 |
| TOT  | Mignolet Geoffrey | 520   | Mignolet Geoffrey | 520   | Wijns Maarten | 500 |

**Senior**

| LIFT | NAT               |     | LFPH              |       | VGPF |     |
|------|-------------------|-----|-------------------|-------|------|-----|
| SQ   |                   | 210 | Nalinne Michael   | 190   |      | 210 |
| BP   | Mignolet Geoffrey | 130 | Mignolet Geoffrey | 130   |      | 130 |
| DL   |                   | 215 | Mignolet Geoffrey | 212.5 |      | 215 |
| TOT  |                   | 555 | Mignolet Geoffrey | 520   |      | 555 |

**Master 1 (40+)**

| LIFT | NAT             |     | LFPH            |     | VGPF |     |
|------|-----------------|-----|-----------------|-----|------|-----|
| SQ   | Quertimont Jean | 165 | Quertimont Jean | 165 |      | 165 |
| BP   |                 | 120 | Quertimont Jean | 100 |      | 120 |
| DL   | Quertimont Jean | 175 | Quertimont Jean | 175 |      | 165 |
| TOT  |                 | 480 | Quertimont Jean | 440 |      | 480 |

**Master 2 (50+)**

| LIFT | NAT             |     | LFPH            |     | VGPF |     |
|------|-----------------|-----|-----------------|-----|------|-----|
| SQ   | Quertimont Jean | 165 | Quertimont Jean | 165 |      | 160 |
| BP   |                 | 105 | Quertimont Jean | 100 |      | 105 |
| DL   | Quertimont Jean | 175 | Quertimont Jean | 175 |      | 155 |
| TOT  | Quertimont Jean | 440 | Quertimont Jean | 440 |      | 440 |

**Master 3 (60+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 145 |      |  |      | 145 |
| BP   |     | 95  |      |  |      | 95  |
| DL   |     | 145 |      |  |      | 145 |
| TOT  |     | 380 |      |  |      | 380 |

**Master 4 (70+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 120 |      |  |      | 120 |
| BP   |     | 75  |      |  |      | 75  |
| DL   |     | 120 |      |  |      | 120 |
| TOT  |     | 345 |      |  |      | 345 |

**-74 H****EQUIPPED****Sub-Junior**

| LIFT | NAT               |       | LFPH              |       | VGPF               |       |
|------|-------------------|-------|-------------------|-------|--------------------|-------|
| SQ   | Mignolet Geoffrey | 240   | Mignolet Geoffrey | 240   | Kerremans Jonathan | 220   |
| BP   | Mignolet Geoffrey | 152.5 | Mignolet Geoffrey | 152.5 | Kerremans Jonathan | 145   |
| DL   | Mignolet Geoffrey | 240   | Mignolet Geoffrey | 240   | Kerremans Jonathan | 227,5 |
| TOT  | Mignolet Geoffrey | 622.5 | Mignolet Geoffrey | 622.5 | Kerremans Jonathan | 592,5 |

**Junior**

| LIFT | NAT                  |     | LFPH              |     | VGPF                |     |
|------|----------------------|-----|-------------------|-----|---------------------|-----|
| SQ   | De Visscher Geovanni | 245 | Mignolet Geoffrey | 240 | DeVisscher Geovanni | 245 |
| BP   | De Visscher Geovanni | 215 | Ostyn Gregory     | 175 | DeVisscher Geovanni | 215 |
| DL   | Ostyn Gregory        | 265 | Ostyn Gregory     | 265 | DeVisscher Geovanni | 250 |
| TOT  | DeVisscher Geovanni  | 710 | Ostyn Gregory     | 660 | DeVisscher Geovanni | 710 |

**Senior**

| LIFT | NAT                  |       | LFPH              |       | VGPF                 |       |
|------|----------------------|-------|-------------------|-------|----------------------|-------|
| SQ   | Van Hee Emerik       | 245,5 | Servotte Geoffroy | 242,5 | Van Hee Emerik       | 245,5 |
| BP   | De Visscher Geovanni | 215   | Servotte Geoffroy | 175   | De Visscher Geovanni | 215   |
| DL   | Ostyn Gregory        | 265   | Ostyn Gregory     | 265   | Van Hee Emerik       | 255   |
| TOT  | DeVisscher Geovanni  | 710   | Ostyn Gregory     | 660   | De Visscher Geovanni | 710   |

**Master 1 (40+)**

| LIFT | NAT             |       | LFPH             |       | VGPF            |     |
|------|-----------------|-------|------------------|-------|-----------------|-----|
| SQ   | Remy Roger      | 220   | Remy Roger       | 220   | Vandeveld Roger | 220 |
| BP   | Vandeveld Roger | 145   | Quertinmont Jean | 132.5 | Vandeveld Roger | 145 |
| DL   | Remy Roger      | 247.5 | Remy Roger       | 247.5 | Vandeveld Roger | 220 |
| TOT  | Remy Roger      | 587.5 | Remy Roger       | 587.5 | Vandeveld Roger | 580 |

**Master 2 (50+)**

| LIFT | NAT             |       | LFPH             |       | VGPF            |     |
|------|-----------------|-------|------------------|-------|-----------------|-----|
| SQ   | Remy Roger      | 220   | Remy Roger       | 220   | Vandeveld Roger | 220 |
| BP   | Vandeveld Roger | 145   | Quertinmont Jean | 125,5 | Vandeveld Roger | 145 |
| DL   | Remy Roger      | 247.5 | Remy Roger       | 247.5 | Vandeveld Roger | 220 |
| TOT  | Remy Roger      | 587.5 | Remy Roger       | 587.5 | Vandeveld Roger | 580 |

**Master 3 (60+)**

| LIFT | NAT             |     | LFPH            |       | VGPF            |     |
|------|-----------------|-----|-----------------|-------|-----------------|-----|
| SQ   | Vandeveld Roger | 220 | Remy Roger      | 215   | Vandeveld Roger | 220 |
| BP   | Vandeveld Roger | 145 | Bertrand Michel | 112,5 | Vandeveld Roger | 145 |
| DL   | Remy Roger      | 238 | Remy Roger      | 238   | Vandeveld Roger | 220 |
| TOT  | Vandeveld Roger | 580 | Remy Roger      | 550   | Vandeveld Roger | 580 |

**Master 4 (70+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 160 |      |  |      | 160 |
| BP   |     | 90  |      |  |      | 90  |
| DL   |     | 160 |      |  |      | 160 |
| TOT  |     | 425 |      |  |      | 425 |

| <b>-83 H</b>      |                     |       |                    |     |                     |       |
|-------------------|---------------------|-------|--------------------|-----|---------------------|-------|
| <b>EQUIPPED</b>   |                     |       |                    |     |                     |       |
| <b>Sub-Junior</b> |                     |       |                    |     |                     |       |
| LIFT              | NAT                 |       | LFPH               |     | VGPF                |       |
| SQ                | Kerremans Jonathan  | 220   | Strijthagen Killan | 150 | Kerremans Jonathan  | 220   |
| BP                | Kerremans Jonathan  | 152,5 | Strijthagen Killan | 110 | Kerremans Jonathan  | 152,5 |
| DL                | VanGeeteruyen Wytse | 230,5 | Strijthagen Killan | 205 | VanGeeteruyen Wytse | 230,5 |
| TOT               | Kerremans Jonathan  | 602,5 | Strijthagen Killan | 465 | Kerremans Jonathan  | 602,5 |

| <b>Junior</b> |                      |       |                |       |                      |       |
|---------------|----------------------|-------|----------------|-------|----------------------|-------|
| LIFT          | NAT                  |       | LFPH           |       | VGPF                 |       |
| SQ            | Penasse Tanguy       | 310   | Penasse Tanguy | 310   | Kerremans Jonathan   | 280   |
| BP            | De Visscher Giovanni | 250   | Penasse Tanguy | 195   | De Visscher Giovanni | 250   |
| DL            | Penasse Tanguy       | 275   | Penasse Tanguy | 275   | Kerremans Joanathan  | 252,5 |
| TOT           | Penasse Tanguy       | 772.5 | Penasse Tanguy | 772.5 | De Visscher Giovanni | 760   |

| <b>Senior</b> |                      |       |                |       |                      |       |
|---------------|----------------------|-------|----------------|-------|----------------------|-------|
| LIFT          | NAT                  |       | LFPH           |       | VGPF                 |       |
| SQ            | Penasse Tanguy       | 310   | Penasse Tanguy | 310   | Kerremans Jonathan   | 280   |
| BP            | De Visscher Giovanni | 250   | Penasse Tanguy | 195   | De Visscher Giovanni | 250   |
| DL            | Penasse Tanguy       | 275   | Penasse Tanguy | 275   | VanDePerre Vincent   | 262.5 |
| TOT           | Penasse Tanguy       | 772.5 | Penasse Tanguy | 772.5 | De Visscher Giovanni | 760   |

| <b>Master 1 (40+)</b> |                 |     |                            |     |                 |     |
|-----------------------|-----------------|-----|----------------------------|-----|-----------------|-----|
| LIFT                  | NAT             |     | LFPH                       |     | VGPF            |     |
| SQ                    | VanDeWiel Jimmy | 235 | Couvercelle Bertrand (FRA) | 250 | VanDeWiel Jimmy | 235 |
| BP                    | VanDeWiel Jimmy | 185 | Reybrouck Daniel           | 155 | VanDeWiel Jimmy | 185 |
| DL                    | Remy Roger      | 250 | Remy Roger                 | 250 | Theys Jan       | 230 |
| TOT                   | VanDeWiel Jimmy | 635 | Couvercelle Bertrand (FRA) | 635 | VanDeWiel Jimmy | 635 |

| <b>Master 2 (50+)</b> |                  |       |                  |       |                  |     |
|-----------------------|------------------|-------|------------------|-------|------------------|-----|
| LIFT                  | NAT              |       | LFPH             |       | VGPF             |     |
| SQ                    | Remy Roger       | 226   | Remy Roger       | 226   | Vandevelde Roger | 225 |
| BP                    | Reybrouck Daniel | 155   | Reybrouck Daniel | 155   | Vandevelde Roger | 140 |
| DL                    | Remy Roger       | 250   | Remy Roger       | 250   | Vrijders Eddy    | 210 |
| TOT                   | Remy Roger       | 588.5 | Remy Roger       | 588.5 | Vandevelde Roger | 575 |

| <b>Master 3 (60+)</b> |                  |       |                  |       |                  |     |
|-----------------------|------------------|-------|------------------|-------|------------------|-----|
| LIFT                  | NAT              |       | LFPH             |       | VGPF             |     |
| SQ                    | Remy Roger       | 226   | Remy Roger       | 226   | Vandevelde Roger | 225 |
| BP                    | Reybrouck Daniel | 155   | Reybrouck Daniel | 155   | Vandevelde Roger | 140 |
| DL                    | Remy Roger       | 237.5 | Remy Roger       | 237.5 | Vandevelde Roger | 210 |
| TOT                   | Remy Roger       | 588.5 | Remy Roger       | 588.5 | Vandevelde Roger | 575 |

| <b>Master 4 (70+)</b> |                  |     |                  |       |             |     |
|-----------------------|------------------|-----|------------------|-------|-------------|-----|
| LIFT                  | NAT              |     | LFPH             |       | VGPF        |     |
| SQ                    | Lazou Jozef      | 180 | Reybrouck Daniel | 135   | Lazou Jozef | 180 |
| BP                    | Reybrouck Daniel | 155 | Reybrouck Daniel | 155   | Lazou Jozef | 95  |
| DL                    | Lazou Jozef      | 185 | Reybrouck Daniel | 152.5 | Lazou Jozef | 185 |
| TOT                   | Lazou Jozef      | 460 | Reybrouck Daniel | 425   | Lazou Jozef | 460 |

**-93 H****EQUIPPED****Sub-Junior**

| LIFT | NAT             |       | LFPH            |       | VGPF           |       |
|------|-----------------|-------|-----------------|-------|----------------|-------|
| SQ   | Permentier Remi | 250   | Permentier Remi | 250   | Elpers Mathias | 187.5 |
| BP   | Permentier Remi | 167,5 | Permentier Remi | 167,5 |                | 130   |
| DL   | Permentier Remi | 235   | Permentier Remi | 235   | Elpers Mathias | 210   |
| TOT  | Permentier Remi | 652,5 | Permentier Remi | 652,5 | Elpers Mathias | 517.5 |

**Junior**

| LIFT | NAT                |       | LFPH            |       | VGPF               |       |
|------|--------------------|-------|-----------------|-------|--------------------|-------|
| SQ   | Kerremans Jonathan | 320   | Permentier Remi | 250   | Kerremans Jonathan | 320   |
| BP   | Kerremans Jonathan | 207,5 | Permentier Remi | 167,5 | Kerremans Jonathan | 207,5 |
| DL   | Peeters Alan       | 292,5 | Lory Florian    | 241   | Peeters Alan       | 292,5 |
| TOT  | Kerremans Jonathan | 792,5 | Permentier Remi | 652,5 | Kerremans Jonathan | 792,5 |

**Senior**

| LIFT | NAT                 |       | LFPH              |       | VGPF                |       |
|------|---------------------|-------|-------------------|-------|---------------------|-------|
| SQ   | Kerremans Jonathan  | 320   | Penasse Tanguy    | 310   | Kerremans Jonathan  | 320   |
| BP   | De Saedeleer Lieven | 230   | Servotte Geoffroy | 212.5 | De Saedeleer Lieven | 230   |
| DL   | Verbeke Beny        | 295   | Laguisse Alain    | 280   | Verbeke Beny        | 295   |
| TOT  | Kerremans Jonathan  | 792,5 | Penasse Tanguy    | 785   | Kerremans Jonathan  | 792,5 |

**Master 1 (40+)**

| LIFT | NAT             |     | LFPH               |       | VGPF            |     |
|------|-----------------|-----|--------------------|-------|-----------------|-----|
| SQ   | Verbeke Beny    | 243 | Vandenwinkele Fred | 242.5 | Verbeke Beny    | 243 |
| BP   | De Ro Jean Marc | 170 | Reybrouck Daniel   | 155.5 | De Ro Jean Marc | 170 |
| DL   | Verbeke Beny    | 295 | Vandenwinkele Fred | 240   | Verbeke Beny    | 295 |
| TOT  | Verbeke Beny    | 658 | Vandenwinkele Fred | 600   | Verbeke Beny    | 658 |

**Master 2 (50+)**

| LIFT | NAT                   |       | LFPH             |       | VGPF                  |       |
|------|-----------------------|-------|------------------|-------|-----------------------|-------|
| SQ   | Verbeke Beny          | 243   | Reybrouck Daniel | 160   | Verbeke Beny          | 243   |
| BP   | Van Mulders Christian | 157,5 | Reybrouck Daniel | 155.5 | Van Mulders Christian | 157,5 |
| DL   | Verbeke Beny          | 295   | Palazzo Vincent  | 182.5 | Verbeke Beny          | 295   |
| TOT  | Verbeke Beny          | 658   | Reybrouck Daniel | 485   | Verbeke Beny          | 658   |

**Master 3 (60+)**

| LIFT | NAT              |       | LFPH             |       | VGPF             |       |
|------|------------------|-------|------------------|-------|------------------|-------|
| SQ   | Reybrouck Daniel | 160   | Reybrouck Daniel | 160   |                  | 155   |
| BP   | Reybrouck Daniel | 155.5 | Reybrouck Daniel | 155.5 | Theyssens Martin | 117.5 |
| DL   | Palazzo Vincent  | 182.5 | Palazzo Vincent  | 182.5 |                  | 160   |
| TOT  | Reybrouck Daniel | 485   | Reybrouck Daniel | 485   |                  | 430   |

**Master 4 (70+)**

| LIFT | NAT              |       | LFPH             |       | VGPF             |       |
|------|------------------|-------|------------------|-------|------------------|-------|
| SQ   | Reybrouck Daniel | 160   | Reybrouck Daniel | 160   | Theyssens Martin | 140   |
| BP   | Reybrouck Daniel | 155.5 | Reybrouck Daniel | 155.5 | Theyssens Martin | 117.5 |
| DL   | Palazzo Vincent  | 182.5 | Palazzo Vincent  | 182.5 | Theyssens Martin | 152.5 |
| TOT  | Reybrouck Daniel | 485   | Reybrouck Daniel | 485   | Theyssens Martin | 410   |

**-105 H****EQUIPPED****Sub-Junior**

| LIFT | NAT              |       | LFPH             |       | VGPF           |       |
|------|------------------|-------|------------------|-------|----------------|-------|
| SQ   | Ausloos Matthieu | 240   | Ausloos Matthieu | 240   | Elpers Mathias | 215   |
| BP   | Ausloos Matthieu | 162,5 | Ausloos Matthieu | 162,5 |                | 135   |
| DL   | Ausloos Matthieu | 233   | Ausloos Matthieu | 233   | Elpers Mathias | 232,5 |
| TOT  | Ausloos Matthieu | 628   | Ausloos Matthieu | 628   | Elpers Mathias | 580   |

**Junior**

| LIFT | NAT                  |       | LFPH            |       | VGPF                 |       |
|------|----------------------|-------|-----------------|-------|----------------------|-------|
| SQ   | Peeters Alan         | 345   | Permentier Remi | 244   | Peeters Alan         | 345   |
| BP   | Peeters Alan         | 222,5 | Lefranc Bryan   | 185,5 | Peeters Alan         | 222,5 |
| DL   | Van Heesvelde Jeroen | 300   | Lefranc Bryan   | 270,5 | Van Heesvelde Jeroen | 300   |
| TOT  | Peeters Alan         | 857,5 | Lefranc Bryan   | 699,5 | Peeters Alan         | 857,5 |

**Senior**

| LIFT | NAT                  |       | LFPH               |       | VGPF                 |       |
|------|----------------------|-------|--------------------|-------|----------------------|-------|
| SQ   | Van Heesvelde Jeroen | 347,5 | Gajewski Sebastien | 280   | Van Heesvelde Jeroen | 347,5 |
| BP   | De Saedeleer Lieven  | 262,5 | Gajewski Sebastien | 193   | De Saedeleer Lieven  | 262,5 |
| DL   | Van Heesvelde Jeroen | 330   | Lefranc Bryan      | 270,5 | Van Heesvelde Jeroen | 330   |
| TOT  | Van Heesvelde Jeroen | 925   | Gajewski Sebastien | 703   | Van Heesvelde Jeroen | 925   |

**Master 1 (40+)**

| LIFT | NAT                   |     | LFPH                  |       | VGPF |     |
|------|-----------------------|-----|-----------------------|-------|------|-----|
| SQ   | Vandewinkele Frederic | 240 | Vandewinkele Frederic | 240   |      | 235 |
| BP   | De Vos Christophe     | 177 | De Vos Christophe     | 177   |      | 165 |
| DL   | Dechany Marc          | 255 | Dechany Marc          | 255   |      | 240 |
| TOT  |                       | 640 | Vandewinkele Frederic | 611,5 |      | 640 |

**Master 2 (50+)**

| LIFT | NAT                |       | LFPH               |       | VGPF           |     |
|------|--------------------|-------|--------------------|-------|----------------|-----|
| SQ   | Piret Serge        | 225   | Piret Serge        | 225   | De Grauwe Hugo | 206 |
| BP   | Scorcioni Fabrizio | 165   | Scorcioni Fabrizio | 165   |                | 145 |
| DL   | Monseu Serge       | 252,5 | Monseu Serge       | 252,5 | De Grauwe Hugo | 235 |
| TOT  | Piret Serge        | 607,5 | Piret Serge        | 607,5 | De Grauwe Hugo | 561 |

**Master 3 (60+)**

| LIFT | NAT              |       | LFPH             |       | VGPF           |     |
|------|------------------|-------|------------------|-------|----------------|-----|
| SQ   | Collart Jean Luc | 210   | Collart Jean Luc | 210   | De Grauwe Hugo | 206 |
| BP   | Collart Jean Luc | 152,5 | Collart Jean Luc | 152,5 | De Grauwe Hugo | 120 |
| DL   | Monseu Serge     | 252,5 | Monseu Serge     | 252,5 | De Grauwe Hugo | 235 |
| TOT  | Monseu Serge     | 583   | Monseu Serge     | 583   | De Grauwe Hugo | 561 |

**Master 4 (70+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 175 |      |  |      | 175 |
| BP   |     | 115 |      |  |      | 115 |
| DL   |     | 175 |      |  |      | 175 |
| TOT  |     | 515 |      |  |      | 515 |

**-120 H****EQUIPPED****Sub-Junior**

| LIFT | NAT          |     | LFPH                   |     | VGPF         |     |
|------|--------------|-----|------------------------|-----|--------------|-----|
| SQ   | Goeman Glenn | 240 | Coorevits Vincent (FR) | 90  | Goeman Glenn | 240 |
| BP   | Goeman Glenn | 140 | Coorevits Vincent (FR) | 145 | Goeman Glenn | 140 |
| DL   | Goeman Glenn | 270 | Coorevits Vincent (FR) | 125 | Goeman Glenn | 270 |
| TOT  | Goeman Glenn | 650 | Coorevits Vincent (FR) | 360 | Goeman Glenn | 650 |

**Junior**

| LIFT | NAT           |     | LFPH          |     | VGPF          |     |
|------|---------------|-----|---------------|-----|---------------|-----|
| SQ   | Ringoot Steve | 330 | Lefranc Bryan | 260 | Ringoot Steve | 330 |
| BP   | Ringoot Steve | 225 | Lefranc Bryan | 195 | Ringoot Steve | 225 |
| DL   | Ringoot Steve | 300 | Lefranc Bryan | 275 | Ringoot Steve | 300 |
| TOT  | Ringoot Steve | 830 | Lefranc Bryan | 730 | Ringoot Steve | 830 |

**Senior**

| LIFT | NAT                  |        | LFPH               |     | VGPF                 |        |
|------|----------------------|--------|--------------------|-----|----------------------|--------|
| SQ   | Bilican Orhan        | 425    | Collart Jean Luc   | 370 | Bilican Orhan        | 425    |
| BP   | Bilican Orhan        | 334    | Nemtsov Igor (Rus) | 250 | Bilican Orhan        | 334    |
| DL   | Van Heesvelde Jeroen | 340    | Collart Jean Luc   | 310 | Van Heesvelde Jeroen | 340    |
| TOT  | Bilican Orhan        | 1077,5 | Nemtsov Igor (Rus) | 910 | Bilican Orhan        | 1077,5 |

**Master 1 (40+)**

| LIFT | NAT              |     | LFPH             |     | VGPF |     |
|------|------------------|-----|------------------|-----|------|-----|
| SQ   | Collart Jean Luc | 370 | Collart Jean Luc | 370 |      | 245 |
| BP   | Collart Jean Luc | 225 | Collart Jean Luc | 225 |      | 175 |
| DL   | Collart Jean Luc | 310 | Collart Jean Luc | 310 |      | 250 |
| TOT  | Collart Jean Luc | 890 | Collart Jean Luc | 890 |      | 670 |

**Master 2 (50+)**

| LIFT | NAT              |     | LFPH             |     | VGPF |     |
|------|------------------|-----|------------------|-----|------|-----|
| SQ   | Collart Jean Luc | 370 | Collart Jean Luc | 370 |      | 215 |
| BP   | Collart Jean Luc | 225 | Collart Jean Luc | 225 |      | 155 |
| DL   | Collart Jean Luc | 310 | Collart Jean Luc | 310 |      | 220 |
| TOT  | Collart Jean Luc | 890 | Collart Jean Luc | 890 |      | 590 |

**Master 3 (60+)**

| LIFT | NAT              |       | LFPH             |       | VGPF |     |
|------|------------------|-------|------------------|-------|------|-----|
| SQ   | Collart Jean Luc | 281   | Collart Jean Luc | 281   |      | 230 |
| BP   | Collart Jean Luc | 200   | Collart Jean Luc | 200   |      | 140 |
| DL   | Collart Jean Luc | 240   | Collart Jean Luc | 240   |      | 230 |
| TOT  | Collart Jean Luc | 712,5 | Collart Jean Luc | 712,5 |      | 610 |

**Master 4 (70+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 200 |      |  |      | 200 |
| BP   |     | 130 |      |  |      | 130 |
| DL   |     | 200 |      |  |      | 200 |
| TOT  |     | 575 |      |  |      | 575 |



**+120 H****EQUIPPED****Sub-Junior**

| LIFT | NAT                |       | LFPH               |       | VGPF |     |
|------|--------------------|-------|--------------------|-------|------|-----|
| SQ   | Dechamps Sebastien | 320   | Dechamps Sebastien | 320   |      | 230 |
| BP   | Dechamps Sebastien | 187.5 | Dechamps Sebastien | 187.5 |      | 145 |
| DL   | Dechamps Sebastien | 292.5 | Dechamps Sebastien | 292.5 |      | 230 |
| TOT  | Dechamps Sebastien | 800   | Dechamps Sebastien | 800   |      | 605 |

**Junior**

| LIFT | NAT                |       | LFPH               |       | VGPF          |       |
|------|--------------------|-------|--------------------|-------|---------------|-------|
| SQ   | Dechamps Sebastien | 372,5 | Dechamps Sebastien | 372,5 | Ringoot Steve | 360   |
| BP   | Dechamps Sebastien | 250   | Dechamps Sebastien | 250   | Ringoot Steve | 222.5 |
| DL   | Dechamps Sebastien | 305,5 | Dechamps Sebastien | 305,5 | Ringoot Steve | 305   |
| TOT  | Dechamps Sebastien | 913   | Dechamps Sebastien | 913   | Ringoot Steve | 872.5 |

**Senior**

| LIFT | NAT           |      | LFPH               |       | VGPF          |      |
|------|---------------|------|--------------------|-------|---------------|------|
| SQ   | Bilican Orhan | 405  | Dechamps Sebastien | 372,5 | Bilican Orhan | 405  |
| BP   | Bilican Orhan | 315  | Dechamps Jerome    | 260   | Bilican Orhan | 315  |
| DL   | Ringoot Steve | 330  | Dechamps Sebastien | 305,5 | Ringoot Steve | 330  |
| TOT  | Bilican Orhan | 1040 | Dechamps Jerome    | 920,5 | Bilican Orhan | 1040 |

**Master 1 (40+)**

| LIFT | NAT             |       | LFPH           |       | VGPF            |     |
|------|-----------------|-------|----------------|-------|-----------------|-----|
| SQ   | Patru Valentin  | 330   | Patru Valentin | 330   |                 | 305 |
| BP   | Patru Valentin  | 197,5 | Patru Valentin | 197,5 |                 | 190 |
| DL   | Kerremans Johan | 310   | Patru Valentin | 292,5 | Kerremans Johan | 310 |
| TOT  | Patru Valentin  | 810   | Patru Valentin | 810   |                 | 800 |

**Master 2 (50+)**

| LIFT | NAT             |     | LFPH |  | VGPF            |     |
|------|-----------------|-----|------|--|-----------------|-----|
| SQ   |                 | 300 |      |  |                 | 300 |
| BP   |                 | 185 |      |  |                 | 185 |
| DL   | Kerremans Johan | 310 |      |  | Kerremans Johan | 310 |
| TOT  |                 | 790 |      |  |                 | 790 |

**Master 3 (60+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 250 |      |  |      | 250 |
| BP   |     | 160 |      |  |      | 160 |
| DL   |     | 250 |      |  |      | 250 |
| TOT  |     | 700 |      |  |      | 700 |

**Master 4 (70+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 230 |      |  |      | 230 |
| BP   |     | 140 |      |  |      | 140 |
| DL   |     | 230 |      |  |      | 230 |
| TOT  |     | 600 |      |  |      | 600 |