

**-53 H****CLASSIC****Sub-Junior**

| LIFT | NAT         |       | LFPH |  | VGPF        |       |
|------|-------------|-------|------|--|-------------|-------|
| SQ   |             | 87,5  |      |  |             | 87,5  |
| BP   |             | 55    |      |  |             | 55    |
| DL   | De Ro Maxim | 90,5  |      |  | De Ro Maxim | 90,5  |
| TOT  |             | 232,5 |      |  |             | 232,5 |

**Junior**

| LIFT | NAT         |     | LFPH        |     | VGPF |       |
|------|-------------|-----|-------------|-----|------|-------|
| SQ   | Wery Gaetan | 115 | Wery Gaetan | 115 |      | 110   |
| BP   | Wery Gaetan | 75  | Wery Gaetan | 75  |      | 60    |
| DL   | Wery Gaetan | 120 | Wery Gaetan | 120 |      | 112,5 |
| TOT  | Wery Gaetan | 295 | Wery Gaetan | 295 |      | 282,5 |

| <b>-59 H</b>          |                         |       |                 |       |                         |       |
|-----------------------|-------------------------|-------|-----------------|-------|-------------------------|-------|
| <b>CLASSIC</b>        |                         |       |                 |       |                         |       |
| <b>Sub-Junior</b>     |                         |       |                 |       |                         |       |
| LIFT                  | NAT                     |       | LFPH            |       | VGPF                    |       |
| SQ                    | Blockmans Nick          | 129   |                 |       | Blockmans Nick          | 129   |
| BP                    | Blockmans Nick          | 99    |                 |       | Blockmans Nick          | 99    |
| DL                    | Blockmans Nick          | 160,5 |                 |       | Blockmans Nick          | 160,5 |
| TOT                   | Blockmans Nick          | 388   |                 |       | Blockmans Nick          | 388   |
| <b>Junior</b>         |                         |       |                 |       |                         |       |
| LIFT                  | NAT                     |       | LFPH            |       | VGPF                    |       |
| SQ                    | Cervi Andrea            | 142,5 | Cervi Andrea    | 142,5 | Van Der Staak Hans      | 130   |
| BP                    | Blockmans Nick          | 99    | Cervi Andrea    | 95    | Blockmans Nick          | 99    |
| DL                    | Cervi Andrea            | 175   | Cervi Andrea    | 175   | Van Der Staak Hans      | 170   |
| TOT                   | Cervi Andrea            | 412,5 | Cervi Andrea    | 412,5 | Van Der Staak Hans      | 392,5 |
| <b>Senior</b>         |                         |       |                 |       |                         |       |
| LIFT                  | NAT                     |       | LFPH            |       | VGPF                    |       |
| SQ                    | Goegebuer Tom           | 172,5 | Cervi Andrea    | 142,5 | Goegebuer Tom           | 172,5 |
| BP                    | Nalinne Michael         | 105   | Nalinne Michael | 105   | Blockmans Nick          | 99    |
| DL                    | Van Compernelle Davigno | 193,5 | Cervi Andrea    | 175   | Van Compernelle Davigno | 193,5 |
| TOT                   | Goegebuer Tom           | 460   | Cervi Andrea    | 412,5 | Goegebuer Tom           | 460   |
| <b>Master 1 (40+)</b> |                         |       |                 |       |                         |       |
| LIFT                  | NAT                     |       | LFPH            |       | VGPF                    |       |
| SQ                    |                         | 135   | Vernimmen Paul  | 90,5  |                         | 135   |
| BP                    |                         | 85    | Vernimmen Paul  | 78,5  |                         | 85    |
| DL                    | Vernimmen Paul          | 157,5 | Vernimmen Paul  | 157,5 |                         | 140   |
| TOT                   |                         | 360   | Vernimmen Paul  | 314,5 |                         | 360   |
| <b>Master 2 (50+)</b> |                         |       |                 |       |                         |       |
| LIFT                  | NAT                     |       | LFPH            |       | VGPF                    |       |
| SQ                    |                         | 115   | Vernimmen Paul  | 90,5  |                         | 115   |
| BP                    | Vernimmen Paul          | 78,5  | Vernimmen Paul  | 78,5  |                         | 60    |
| DL                    | Vernimmen Paul          | 157,5 | Vernimmen Paul  | 157,5 |                         | 120   |
| TOT                   | Vernimmen Paul          | 314,5 | Vernimmen Paul  | 314,5 |                         | 295   |
| <b>Master 3 (60+)</b> |                         |       |                 |       |                         |       |
| LIFT                  | NAT                     |       | LFPH            |       | VGPF                    |       |
| SQ                    |                         | 105   | Vernimmen Paul  | 90,5  |                         | 105   |
| BP                    | Vernimmen Paul          | 78,5  | Vernimmen Paul  | 78,5  |                         | 55    |
| DL                    | Vernimmen Paul          | 157,5 | Vernimmen Paul  | 157,5 |                         | 110   |
| TOT                   | Vernimmen Paul          | 314,5 | Vernimmen Paul  | 314,5 |                         | 270   |
| <b>Master 4 (70+)</b> |                         |       |                 |       |                         |       |
| LIFT                  | NAT                     |       | LFPH            |       | VGPF                    |       |
| SQ                    |                         | 95    |                 |       |                         | 95    |
| BP                    |                         | 50    |                 |       |                         | 50    |
| DL                    |                         | 100   |                 |       |                         | 100   |
| TOT                   |                         | 245   |                 |       |                         | 245   |

| <b>-66 H</b>      |               |       |               |       |                |       |
|-------------------|---------------|-------|---------------|-------|----------------|-------|
| <b>CLASSIC</b>    |               |       |               |       |                |       |
| <b>Sub-Junior</b> |               |       |               |       |                |       |
| LIFT              | NAT           |       | LFPH          |       | VGPF           |       |
| SQ                | Ostyn Gregory | 180   | Ostyn Gregory | 180   | Blockmans Nick | 177,5 |
| BP                | Ostyn Gregory | 132,5 | Ostyn Gregory | 132,5 | Blockmans Nick | 125   |
| DL                | Ostyn Gregory | 240   | Ostyn Gregory | 240   | De Win Kobe    | 206   |
| TOT               | Ostyn Gregory | 552,5 | Ostyn Gregory | 552,5 | Blockmans Nick | 505   |

| <b>Junior</b> |                 |       |               |       |                 |       |
|---------------|-----------------|-------|---------------|-------|-----------------|-------|
| LIFT          | NAT             |       | LFPH          |       | VGPF            |       |
| SQ            | Declerck Thomas | 186   | Ostyn Gregory | 180   | Declerck Thomas | 186   |
| BP            | Declerck Thomas | 143   | Ostyn Gregory | 132,5 | Declerck Thomas | 143   |
| DL            | Ostyn Gregory   | 240   | Ostyn Gregory | 240   | Marien Bjorn    | 220   |
| TOT           | Ostyn Gregory   | 552,5 | Ostyn Gregory | 552,5 | Declerck Thomas | 521,5 |

| <b>Senior</b> |                  |       |                |       |                  |       |
|---------------|------------------|-------|----------------|-------|------------------|-------|
| LIFT          | NAT              |       | LFPH           |       | VGPF             |       |
| SQ            | Hayen Cedrick    | 193,5 | De Thier Lucas | 192,5 | Hayen Cedrick    | 193,5 |
| BP            | Goossens Chesney | 150   | De Thier Lucas | 137,5 | Goossens Chesney | 150   |
| DL            | Ostyn Gregory    | 240   | Ostyn Gregory  | 240   | Hayen Cedrick    | 230   |
| TOT           | Hayen Cedrick    | 561   | De Thier Lucas | 553   | Hayen Cedrick    | 561   |

| <b>Master 1 (40+)</b> |               |       |                  |       |               |       |
|-----------------------|---------------|-------|------------------|-------|---------------|-------|
| LIFT                  | NAT           |       | LFPH             |       | VGPF          |       |
| SQ                    | Goegebuer Tom | 165   | Quertinmont Jean | 147,5 | Goegebuer Tom | 165   |
| BP                    | Goegebuer Tom | 90,5  | Quertinmont Jean | 87,5  | Goegebuer Tom | 90,5  |
| DL                    | Goegebuer Tom | 185   | Quertinmont Jean | 180   | Goegebuer Tom | 185   |
| TOT                   | Goegebuer Tom | 440,5 | Quertinmont Jean | 415   | Goegebuer Tom | 440,5 |

| <b>Master 2 (50+)</b> |                  |       |                  |       |      |     |
|-----------------------|------------------|-------|------------------|-------|------|-----|
| LIFT                  | NAT              |       | LFPH             |       | VGPF |     |
| SQ                    | Quertinmont Jean | 147,5 | Quertinmont Jean | 147,5 |      | 125 |
| BP                    | Quertinmont Jean | 87,5  | Quertinmont Jean | 87,5  |      | 75  |
| DL                    | Quertinmont Jean | 180   | Quertinmont Jean | 180   |      | 130 |
| TOT                   | Quertinmont Jean | 415   | Quertinmont Jean | 415   |      | 330 |

| <b>Master 3 (60+)</b> |     |     |      |  |      |     |
|-----------------------|-----|-----|------|--|------|-----|
| LIFT                  | NAT |     | LFPH |  | VGPF |     |
| SQ                    |     | 115 |      |  |      | 115 |
| BP                    |     | 70  |      |  |      | 70  |
| DL                    |     | 120 |      |  |      | 120 |
| TOT                   |     | 305 |      |  |      | 305 |

| <b>Master 4 (70+)</b> |     |     |      |  |      |     |
|-----------------------|-----|-----|------|--|------|-----|
| LIFT                  | NAT |     | LFPH |  | VGPF |     |
| SQ                    |     | 105 |      |  |      | 105 |
| BP                    |     | 65  |      |  |      | 65  |
| DL                    |     | 110 |      |  |      | 110 |
| TOT                   |     | 280 |      |  |      | 280 |

**-74 H****CLASSIC****Sub-Junior**

| LIFT | NAT           |       | LFPH          |       | VGPF          |       |
|------|---------------|-------|---------------|-------|---------------|-------|
| SQ   | Hamich Amine  | 188   | Ostyn Gregory | 182,5 | Hamich Amine  | 188   |
| BP   | De Grauwe Rik | 132,5 | Ostyn Gregory | 130   | De Grauwe Rik | 132,5 |
| DL   | Ostyn Gregory | 240   | Ostyn Gregory | 240   | Hamich Amine  | 222,5 |
| TOT  | Ostyn Gregory | 543   | Ostyn Gregory | 543   | Hamich Amine  | 515,5 |

**Junior**

| LIFT | NAT                  |       | LFPH              |     | VGPF                 |       |
|------|----------------------|-------|-------------------|-----|----------------------|-------|
| SQ   | De Buck Elias        | 215   | Mignolet Geoffrey | 195 | De Buck Elias        | 215   |
| BP   | De Visscher Geovanni | 160   | Ostyn Gregory     | 140 | De Visscher Geovanni | 160   |
| DL   | Ostyn Gregory        | 255   | Ostyn Gregory     | 255 | Verstrepen Tuur      | 252,5 |
| TOT  | De Buck Elias        | 607,5 | Ostyn Gregory     | 570 | De Buck Elias        | 607,5 |

**Senior**

| LIFT | NAT           |       | LFPH              |     | VGPF          |       |
|------|---------------|-------|-------------------|-----|---------------|-------|
| SQ   | De Buck Elias | 230   | Mignolet Geoffrey | 195 | De Buck Elias | 230   |
| BP   | De Buck Elias | 172,5 | Ostyn Gregory     | 140 | De Buck Elias | 172,5 |
| DL   | De Buck Elias | 271   | Ostyn Gregory     | 255 | De Buck Elias | 271   |
| TOT  | De Buck Elias | 672,5 | Ostyn Gregory     | 570 | De Buck Elias | 672,5 |

**Master 1 (40+)**

| LIFT | NAT             |      | LFPH            |      | VGPF |       |
|------|-----------------|------|-----------------|------|------|-------|
| SQ   | Bertrand Michel | 168  | Bertrand Michel | 168  |      | 165   |
| BP   | Bertrand Michel | 97,5 | Bertrand Michel | 97,5 |      | 97,5  |
| DL   | Remy Roger      | 215  | Remy Roger      | 215  |      | 175   |
| TOT  | Remy Roger      | 465  | Remy Roger      | 465  |      | 437,5 |

**Master 2 (50+)**

| LIFT | NAT             |      | LFPH            |      | VGPF             |       |
|------|-----------------|------|-----------------|------|------------------|-------|
| SQ   | Bertrand Michel | 168  | Bertrand Michel | 168  |                  | 145   |
| BP   | Bertrand Michel | 97,5 | Bertrand Michel | 97,5 | VanDenEynden Luc | 90    |
| DL   | Remy Roger      | 215  | Remy Roger      | 215  |                  | 150   |
| TOT  | Remy Roger      | 465  | Remy Roger      | 465  |                  | 377,5 |

**Master 3 (60+)**

| LIFT | NAT             |      | LFPH            |      | VGPF             |       |
|------|-----------------|------|-----------------|------|------------------|-------|
| SQ   | Bertrand Michel | 168  | Bertrand Michel | 168  |                  | 135   |
| BP   | Bertrand Michel | 97,5 | Bertrand Michel | 97,5 | VanDenEynden Luc | 90    |
| DL   | Remy Roger      | 215  | Remy Roger      | 215  | VanDenEynden Luc | 142,5 |
| TOT  | Remy Roger      | 465  | Remy Roger      | 465  | VanDenEynden Luc | 352,5 |

**Master 4 (70+)**

| LIFT | NAT |       | LFPH |  | VGPF |       |
|------|-----|-------|------|--|------|-------|
| SQ   |     | 125   |      |  |      | 125   |
| BP   |     | 72,5  |      |  |      | 72,5  |
| DL   |     | 130   |      |  |      | 130   |
| TOT  |     | 327,5 |      |  |      | 327,5 |

**-83 H****CLASSIC****Sub-Junior**

| LIFT | NAT                  |     | LFPH              |       | VGPF                 |     |
|------|----------------------|-----|-------------------|-------|----------------------|-----|
| SQ   | VanGeeteruyen Sverre | 200 | Saint Huile Lucas | 167,5 | VanGeeteruyen Sverre | 200 |
| BP   | VanGeeteruyen Sverre | 145 | Saint Huile Lucas | 122,5 | VanGeeteruyen Sverre | 145 |
| DL   | VanGeeteruyen Wytse  | 240 | Saint Huile Lucas | 232,5 | VanGeeteruyen Wytse  | 240 |
| TOT  | VanGeeteruyen Sverre | 585 | Saint Huile Lucas | 522,5 | VanGeeteruyen Sverre | 585 |

**Junior**

| LIFT | NAT                  |       | LFPH          |       | VGPF                 |       |
|------|----------------------|-------|---------------|-------|----------------------|-------|
| SQ   | Jacobs Sebastiaan    | 220,5 | Ernst Clement | 217,5 | Jacobs Sebastiaan    | 220,5 |
| BP   | De Visscher Geovanni | 165   | Ruwet Louis   | 152,5 | De Visscher Geovanni | 165   |
| DL   | VanGeeteruyen Wytse  | 273   | Ostyn Gregory | 265   | VanGeeteruyen Wytse  | 273   |
| TOT  | Fauvarque Louis      | 625   | Ostyn Gregory | 605   | Fauvarque Louis      | 625   |

**Senior**

| LIFT | NAT               |     | LFPH              |     | VGPF                |     |
|------|-------------------|-----|-------------------|-----|---------------------|-----|
| SQ   | Malo Roman        | 235 | Malo Roman        | 235 | De Buck Elias       | 231 |
| BP   | De Buck Elias     | 176 | Lory Florian      | 155 | De Buck Elias       | 176 |
| DL   | Delfosse Gregoire | 275 | Delfosse Gregoire | 275 | VanGeeteruyen Wytse | 273 |
| TOT  | De Buck Elias     | 677 | Delfosse Gregoire | 635 | De Buck Elias       | 677 |

**Master 1 (40+)**

| LIFT | NAT                |       | LFPH               |       | VGPF             |       |
|------|--------------------|-------|--------------------|-------|------------------|-------|
| SQ   | Van DeWiel Jimmy   | 205   | Mezzanotte Francis | 202,5 | Van DeWiel Jimmy | 205   |
| BP   | Van DeWiel Jimmy   | 165,5 | Mezzanotte Francis | 130   | Van DeWiel Jimmy | 165,5 |
| DL   | Mezzanotte Francis | 260   | Mezzanotte Francis | 260   | Van DeWiel Jimmy | 235   |
| TOT  | Van DeWiel Jimmy   | 605,5 | Mezzanotte Francis | 587,5 | Van DeWiel Jimmy | 605,5 |

**Master 2 (50+)**

| LIFT | NAT                |       | LFPH               |       | VGPF          |     |
|------|--------------------|-------|--------------------|-------|---------------|-----|
| SQ   | Mezzanotte Francis | 202,5 | Mezzanotte Francis | 202,5 | Lazou Jozef   | 160 |
| BP   | Mezzanotte Francis | 130   | Mezzanotte Francis | 130   | Vrijders Eddy | 95  |
| DL   | Mezzanotte Francis | 260   | Mezzanotte Francis | 260   | Vrijders Eddy | 180 |
| TOT  | Mezzanotte Francis | 587,5 | Mezzanotte Francis | 587,5 | Lazou Jozef   | 415 |

**Master 3 (60+)**

| LIFT | NAT             |       | LFPH            |       | VGPF        |     |
|------|-----------------|-------|-----------------|-------|-------------|-----|
| SQ   | Bertrand Michel | 166   | Bertrand Michel | 166   | Lazou Jozef | 160 |
| BP   | Remy Roger      | 102,5 | Remy Roger      | 102,5 |             | 85  |
| DL   | Remy Roger      | 220   | Remy Roger      | 220   | Lazou Jozef | 175 |
| TOT  | Remy Roger      | 465   | Remy Roger      | 465   | Lazou Jozef | 415 |

**Master 4 (70+)**

| LIFT | NAT         |     | LFPH |  | VGPF        |     |
|------|-------------|-----|------|--|-------------|-----|
| SQ   | Lazou Jozef | 160 |      |  | Lazou Jozef | 160 |
| BP   | Lazou Jozef | 80  |      |  | Lazou Jozef | 80  |
| DL   | Lazou Jozef | 175 |      |  | Lazou Jozef | 175 |
| TOT  | Lazou Jozef | 415 |      |  | Lazou Jozef | 415 |

**-93 H****CLASSIC****Sub-Junior**

| LIFT | NAT                   |     | LFPH            |       | VGPF                  |     |
|------|-----------------------|-----|-----------------|-------|-----------------------|-----|
| SQ   | Permentier Remi       | 230 | Permentier Remi | 230   | Samlioglu Mehmet      | 215 |
| BP   | Van Geeteruyen Sverre | 155 | Permentier Remi | 137,5 | Van Geeteruyen Sverre | 155 |
| DL   | Van Geeteruyen Sverre | 245 | Permentier Remi | 222,5 | Van Geeteruyen Sverre | 245 |
| TOT  | Van Geeteruyen Sverre | 610 | Permentier Remi | 590   | Van Geeteruyen Sverre | 610 |

**Junior**

| LIFT | NAT            |       | LFPH             |       | VGPF           |       |
|------|----------------|-------|------------------|-------|----------------|-------|
| SQ   | Celis Jonathan | 270   | Permentier Remi  | 247,5 | Celis Jonathan | 270   |
| BP   | Esselens Rob   | 185   | Huwart Guillaume | 147,5 | Esselens Rob   | 185   |
| DL   | Boydens Bert   | 297,5 | Michel Jordan    | 272,5 | Boydens Bert   | 297,5 |
| TOT  | Celis Jonathan | 732,5 | Permentier Remi  | 626   | Celis Jonathan | 732,5 |

**Senior**

| LIFT | NAT             |       | LFPH            |       | VGPF            |       |
|------|-----------------|-------|-----------------|-------|-----------------|-------|
| SQ   | Vermeire Jasper | 280   | Permentier Remi | 247,5 | Vermeire Jasper | 280   |
| BP   | Esselens Rob    | 192,5 | Sauvage Joel    | 171   | Esselens Rob    | 192,5 |
| DL   | Vermeire Jasper | 310   | Sauvage Joel    | 280,5 | Vermeire Jasper | 310   |
| TOT  | Vermeire Jasper | 750   | Sauvage Joel    | 669   | Vermeire Jasper | 750   |

**Master 1 (40+)**

| LIFT | NAT          |       | LFPH         |       | VGPF                |       |
|------|--------------|-------|--------------|-------|---------------------|-------|
| SQ   | Sauvage Joel | 217,5 | Sauvage Joel | 217,5 | Vandewiel Jimmy     | 217,5 |
| BP   | Sauvage Joel | 171   | Sauvage Joel | 171   | Vandewiel Jimmy     | 157,5 |
| DL   | Sauvage Joel | 280,5 | Sauvage Joel | 280,5 | DeDeurwaerder Kenny | 250   |
| TOT  | Sauvage Joel | 669   | Sauvage Joel | 669   | DeDeurwaerder Kenny | 595   |

**Master 2 (50+)**

| LIFT | NAT                   |       | LFPH               |       | VGPF                  |       |
|------|-----------------------|-------|--------------------|-------|-----------------------|-------|
| SQ   | Mezzanotte Francis    | 209   | Mezzanotte Francis | 209   | Van Mulders Christian | 182,5 |
| BP   | Van Mulders Christian | 137,5 | Mezzanotte Francis | 132,5 | Van Mulders Christian | 137,5 |
| DL   | Mezzanotte Francis    | 250,5 | Mezzanotte Francis | 250,5 | Van Mulders Christian | 232,5 |
| TOT  | Mezzanotte Francis    | 591   | Mezzanotte Francis | 591   | Van Mulders Christian | 550   |

**Master 3 (60+)**

| LIFT | NAT          |       | LFPH |  | VGPF         |       |
|------|--------------|-------|------|--|--------------|-------|
| SQ   |              | 155   |      |  |              | 155   |
| BP   | Louage Peter | 105   |      |  | Louage Peter | 105   |
| DL   | Louage Peter | 167,5 |      |  | Louage Peter | 167,5 |
| TOT  | Louage Peter | 412,5 |      |  | Louage Peter | 412,5 |

**Master 4 (70+)**

| LIFT | NAT          |       | LFPH |  | VGPF         |       |
|------|--------------|-------|------|--|--------------|-------|
| SQ   |              | 145   |      |  |              | 145   |
| BP   | Louage Peter | 105   |      |  | Louage Peter | 105   |
| DL   | Louage Peter | 167,5 |      |  | Louage Peter | 167,5 |
| TOT  | Louage Peter | 412,5 |      |  | Louage Peter | 412,5 |

**-105 H****CLASSIC****Sub-Junior**

| LIFT | NAT          |       | LFPH             |       | VGPF         |       |
|------|--------------|-------|------------------|-------|--------------|-------|
| SQ   | Nour Kuru    | 235   | Permentier Remi  | 181   | Nour Kuru    | 235   |
| BP   | Debyser Ward | 135   | Ausloos Matthieu | 120   | Debyser Ward | 135   |
| DL   | Nour Kuru    | 245,5 | Ausloos Matthieu | 192,5 | Nour Kuru    | 245,5 |
| TOT  | Nour Kuru    | 595,5 | Ausloos Matthieu | 477,5 | Nour Kuru    | 595,5 |

**Junior**

| LIFT | NAT            |       | LFPH            |       | VGPF           |       |
|------|----------------|-------|-----------------|-------|----------------|-------|
| SQ   | Celis Jonathan | 270,5 | Permentier Remi | 250   | Celis Jonathan | 270,5 |
| BP   | Peeters Alan   | 190   | Bacq Thibault   | 155   | Peeters Alan   | 190   |
| DL   | Strubbe Jochen | 312,5 | Bacq Thibault   | 280,5 | Strubbe Jochen | 312,5 |
| TOT  | Strubbe Jochen | 760   | Bacq Thibault   | 680   | Strubbe Jochen | 760   |

**Senior**

| LIFT | NAT                 |       | LFPH              |       | VGPF                |       |
|------|---------------------|-------|-------------------|-------|---------------------|-------|
| SQ   | VanHeesvelde Jeroen | 281   | Bacq Thibault     | 257,5 | VanHeesvelde Jeroen | 281   |
| BP   | VanHeesvelde Jeroen | 212,5 | Dufour Julien     | 167,5 | VanHeesvelde Jeroen | 212,5 |
| DL   | Strubbe Jochen      | 312,5 | Gillissen Florian | 281   | Strubbe Jochen      | 312,5 |
| TOT  | VanHeesvelde Jeroen | 795   | Bacq Thibault     | 690   | VanHeesvelde Jeroen | 795   |

**Master 1 (40+)**

| LIFT | NAT             |       | LFPH              |       | VGPF            |       |
|------|-----------------|-------|-------------------|-------|-----------------|-------|
| SQ   | Vandewiele Marc | 270   | De Vos Christophe | 175   | Vandewiele Marc | 270   |
| BP   | Neyt Alain      | 163   | De Vos Christophe | 155   | Neyt Alain      | 163   |
| DL   | Vandewiele Marc | 307,5 | De Vos Christophe | 220   | Vandewiele Marc | 307,5 |
| TOT  | Vandewiele Marc | 705   | De Vos Christophe | 547,5 | Vandewiele Marc | 705   |

**Master 2 (50+)**

| LIFT | NAT            |     | LFPH               |       | VGPF           |     |
|------|----------------|-----|--------------------|-------|----------------|-----|
| SQ   | De Grauwe Hugo | 220 | Piron Roger (LUX)  | 155,5 | De Grauwe Hugo | 220 |
| BP   | De Grauwe Hugo | 135 | Scorcioni Fabrizio | 133   | De Grauwe Hugo | 135 |
| DL   | De Grauwe Hugo | 245 | Monseu Serge       | 217,5 | De Grauwe Hugo | 245 |
| TOT  | De Grauwe Hugo | 590 | Monseu Serge       | 490   | De Grauwe Hugo | 590 |

**Master 3 (60+)**

| LIFT | NAT            |     | LFPH         |       | VGPF           |     |
|------|----------------|-----|--------------|-------|----------------|-----|
| SQ   | De Grauwe Hugo | 220 | Monseu Serge | 155   | De Grauwe Hugo | 220 |
| BP   | De Grauwe Hugo | 135 | Monseu Serge | 117,5 | De Grauwe Hugo | 135 |
| DL   | De Grauwe Hugo | 245 | Monseu Serge | 217,5 | De Grauwe Hugo | 245 |
| TOT  | De Grauwe Hugo | 590 | Monseu Serge | 490   | De Grauwe Hugo | 590 |

**Master 4 (70+)**

| LIFT | NAT          |     | LFPH |  | VGPF         |     |
|------|--------------|-----|------|--|--------------|-----|
| SQ   | Louage Peter | 155 |      |  | Louage Peter | 155 |
| BP   | Louage Peter | 115 |      |  | Louage Peter | 115 |
| DL   | Louage Peter | 160 |      |  | Louage Peter | 160 |
| TOT  | Louage Peter | 430 |      |  | Louage Peter | 430 |

**-120 H****CLASSIC****Sub-Junior**

| LIFT | NAT            |       | LFPH        |       | VGPF           |       |
|------|----------------|-------|-------------|-------|----------------|-------|
| SQ   | Bilican Furkam | 225   | De Vos Noah | 157,5 | Bilican Furkam | 225   |
| BP   | Bilican Furkam | 127,5 | De Vos Noah | 95    | Bilican Furkam | 127,5 |
| DL   | Bilican Furkam | 200   | De Vos Noah | 195   | Bilican Furkam | 200   |
| TOT  | Bilican Furkam | 552,5 | De Vos Noah | 432,5 | Bilican Furkam | 552,5 |

**Junior**

| LIFT | NAT           |     | LFPH             |       | VGPF          |     |
|------|---------------|-----|------------------|-------|---------------|-----|
| SQ   | Henno Yannick | 260 | Furnemont Thomas | 200   | Henno Yannick | 260 |
| BP   | Henno Yannick | 195 | Ausloos Matthieu | 145   | Henno Yannick | 195 |
| DL   | Henno Yannick | 285 | Furnemont Thomas | 230   | Henno Yannick | 285 |
| TOT  | Henno Yannick | 735 | Furnemont Thomas | 547,5 | Henno Yannick | 735 |

**Senior**

| LIFT | NAT              |     | LFPH             |       | VGPF             |     |
|------|------------------|-----|------------------|-------|------------------|-----|
| SQ   | Bilican Orhan    | 350 | Collart Jean Luc | 250,5 | Bilican Orhan    | 350 |
| BP   | Bilican Orhan    | 225 | Caprasse Leopold | 170,5 | Bilican Orhan    | 225 |
| DL   | Vervalle Olivier | 336 | Caprasse Leopold | 285   | Vervalle Olivier | 336 |
| TOT  | Bilican Orhan    | 895 | Caprasse Leopold | 700,5 | Bilican Orhan    | 895 |

**Master 1 (40+)**

| LIFT | NAT           |     | LFPH             |       | VGPF          |     |
|------|---------------|-----|------------------|-------|---------------|-----|
| SQ   | Bilican Orhan | 350 | Collart Jean Luc | 250,5 | Bilican Orhan | 350 |
| BP   | Bilican Orhan | 200 | Collart Jean Luc | 170   | Bilican Orhan | 200 |
| DL   | Bilican Orhan | 320 | Collart Jean Luc | 240   | Bilican Orhan | 320 |
| TOT  | Bilican Orhan | 870 | Collart Jean Luc | 657,5 | Bilican Orhan | 870 |

**Master 2 (50+)**

| LIFT | NAT              |       | LFPH             |       | VGPF |     |
|------|------------------|-------|------------------|-------|------|-----|
| SQ   | Collart Jean Luc | 250,5 | Collart Jean Luc | 250,5 |      | 185 |
| BP   | Collart Jean Luc | 170   | Collart Jean Luc | 170   |      | 120 |
| DL   | Collart Jean Luc | 240   | Collart Jean Luc | 240   |      | 190 |
| TOT  | Collart Jean Luc | 657,5 | Collart Jean Luc | 657,5 |      | 495 |

**Master 3 (60+)**

| LIFT | NAT              |       | LFPH             |       | VGPF |     |
|------|------------------|-------|------------------|-------|------|-----|
| SQ   | Collart Jean Luc | 237,5 | Collart Jean Luc | 237,5 |      | 175 |
| BP   | Collart Jean Luc | 170   | Collart Jean Luc | 170   |      | 115 |
| DL   | Collart Jean Luc | 240   | Collart Jean Luc | 240   |      | 180 |
| TOT  | Collart Jean Luc | 636   | Collart Jean Luc | 636   |      | 470 |

**Master 4 (70+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 165 |      |  |      | 165 |
| BP   |     | 110 |      |  |      | 110 |
| DL   |     | 170 |      |  |      | 170 |
| TOT  |     | 445 |      |  |      | 445 |



**+120 H****CLASSIC****Sub-Junior**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 185 |      |  |      | 185 |
| BP   |     | 120 |      |  |      | 120 |
| DL   |     | 190 |      |  |      | 190 |
| TOT  |     | 495 |      |  |      | 495 |

**Junior**

| LIFT | NAT                |       | LFPH               |     | VGPF           |       |
|------|--------------------|-------|--------------------|-----|----------------|-------|
| SQ   | Vercruyce John     | 260   | Dechamps Sebastien | 250 | Vercruyce John | 260   |
| BP   | Vercruyce John     | 187,5 | Dechamps Sebastien | 150 | Vercruyce John | 187,5 |
| DL   | Dechamps Sebastien | 280   | Dechamps Sebastien | 280 | Vercruyce John | 267,5 |
| TOT  | Vercruyce John     | 710   | Dechamps Sebastien | 680 | Vercruyce John | 710   |

**Senior**

| LIFT | NAT           |       | LFPH           |     | VGPF          |       |
|------|---------------|-------|----------------|-----|---------------|-------|
| SQ   | Bilican Orhan | 370   | Patru Valentin | 260 | Bilican Orhan | 370   |
| BP   | Ringoot Steve | 235   | Patru Valentin | 165 | Ringoot Steve | 235   |
| DL   | Evans Aryee   | 338   | Patru Valentin | 285 | Evans Aryee   | 338   |
| TOT  | Bilican Orhan | 907,5 | Patru Valentin | 710 | Bilican Orhan | 907,5 |

**Master 1 (40+)**

| LIFT | NAT           |       | LFPH           |     | VGPF          |       |
|------|---------------|-------|----------------|-----|---------------|-------|
| SQ   | Bilican Orhan | 370   | Patru Valentin | 260 | Bilican Orhan | 370   |
| BP   | Bilican Orhan | 220   | Patru Valentin | 165 | Bilican Orhan | 220   |
| DL   | Bilican Orhan | 322,5 | Patru Valentin | 285 | Bilican Orhan | 322,5 |
| TOT  | Bilican Orhan | 907,5 | Patru Valentin | 710 | Bilican Orhan | 907,5 |

**Master 2 (50+)**

| LIFT | NAT             |       | LFPH |  | VGPF            |       |
|------|-----------------|-------|------|--|-----------------|-------|
| SQ   | Kerremans Johan | 282,5 |      |  | Kerremans Johan | 282,5 |
| BP   | Kerremans Johan | 190   |      |  | Kerremans Johan | 190   |
| DL   | Kerremans Johan | 312,5 |      |  | Kerremans Johan | 312,5 |
| TOT  | Kerremans Johan | 785   |      |  | Kerremans Johan | 785   |

**Master 3 (60+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 185 |      |  |      | 185 |
| BP   |     | 120 |      |  |      | 120 |
| DL   |     | 190 |      |  |      | 190 |
| TOT  |     | 495 |      |  |      | 495 |

**Master 4 (70+)**

| LIFT | NAT |     | LFPH |  | VGPF |     |
|------|-----|-----|------|--|------|-----|
| SQ   |     | 175 |      |  |      | 175 |
| BP   |     | 115 |      |  |      | 115 |
| DL   |     | 180 |      |  |      | 180 |
| TOT  |     | 470 |      |  |      | 470 |