

LIGUE FRANCOPHONE DES POIDS ET HALTERES asbl

Vlaamse Gewichtheffers en Powerlifting Federatie vzw

CALENDAR 2022

PL + BP & WL

	* changement / wijziging		Update: 14/01/2022			
DATE	COMPETITION	WL/Pow/BP		PLACE	Preliminary	Final
January						
February						
5						
6	1 interclub VGPF haltéro	Weightlifting		Deinze		
Di 13	1 Interclub LFPH power + BP	Power + BP	EQ + CL	Florennes		
entre 12/02 et 6/03 TBC	Micro-wedstrijd voor VGPF topsporters (op uitnodiging)	Weightlifting		TBC		
19						
20	1 interclub LFPH haltéro	Weightlifting		Habeas Corpus (Oupeye)		
26						
27	1 Interclub VGPF power + BP	Power + BP	EQ + CL	Primer Acad.(Wisele)		
March						
5						
8 - 13	European Masters CLASSIC powerlifting	Powerlifting	Classic	Vilnius (LTH)	7 January	15.2.21
12 ou 3/04	2 Interclub LFPH power + BP	Power + BP	EQ + CL	LFPH		
12	2 interclub VGPF haltéro	Weightlifting		Barbell Club (Lochristi)		
19						
Di 20	Conseil d'Administration + Assemblée Générale de la Ligue Francophone	ADMIN		Petit-Enghien		
23 - 27	EUROPEAN University Cup	Powerlifting	Classic	Hamm (LUX)	22 January	2/ March
26	2 Tour interclub LFPH haltéro	Weightlifting		La Louvière	avec la collaboration de BWS et La Meute	
April	Vac.Pâques 04 - 18 Paasvakantie					
2	2 Interclub VGPF power + BP	Power + BP	EQ + CL	Primer Acad.(Wisele)		
3 ou 12/04	2 interclub LFPH pow & BP ???				Bid: Florennes ?	
9	Conseil d'Administration & AG NAT	ADMIN		Petit-Enghien		
16						
23						
30						
TBC	EUROPEAN Seniors April or May TBC	Weightlifting		Sofia (BUL)		

May					
01-10	World JUNIORS	Weightlifting		Hersonissos (GRE)	1.4.22
2 - 8	EUROPEAN Open - SubJun - Jun	Powerlifting	Equipped	Pilsen (CZE)	4.3.22
7 or 8 TBC	3 interclub LFPH haltéro	Weightlifting		LFPH	
8	3 interclub VGPF haltéro	Weightlifting		Strive (Houthalen)	
14	3 Interclub LFPH power + BP	Power + BP	EQ + CL	Seraing	
15	3 Interclub VGPF power + BP	Power + BP	EQ + CL	SquatsquadCity (Brugge)	
21					
21-29	World Championships	Bench press	EQ & CL	Almaty (KAZ) TBC	
26-29	Women Weightlifting Grand Prix	Weightlifting		Dudelage (LUX)	22/ March
June					
Pentecôte 5-6 Pinksteren					
4					
6 - 12	World OPEN	Powerlifting	Classic	Sun City (S-Afr) TBC	5.4.22
11	Championnat de Belgique des Clubs - BK Clubs	Weightlifting		Seraing	
18					
25 or 26 TBC	Championnat de Belgique des Clubs - BK Clubs	POW + BPS	EQ & CL	VGPF/TBC	
25 TBC	Edmond Decottignies ?	Weightlifting		Comines (FRA)	
TBC	World Youth & U15	Weightlifting		Léon (MEX)	April
July					
2	International Tournament Masters & "Ladies Open" + CB Masters - BK Masters	Weightlifting		Waregem	
6 - 10	EUROPEAN Masters	Powerlifting	Equipped	Eskilstuna (SWE)	5.5.22
7 - 17	World Games	Powerlifting	Equipped	Birmingham (USA)	
9					
23					
25 - 29	FISU	Power & WL		Moscow (RUS)	23/ May
August					
2 - 7	EUROPEAN Open, SubJun, Jun, Masters	Bench Press	EQ & CL	Gyor (HUN)	1.6.22
6					
13					
20 or 21	Champ. Ligue - VGPF	Power + BP	EQ & CL	VGPF/TBC	
21 - 29	EUROPEAN Masters Championships	Weightlifting		Raszyn (POL)	
25 -28	STAGE LFPH	Halt + Pow/BP		Berck sur Mer (FRA)	
26/8-04/09	WORLD SJun & Jun Powerlifting Championships	Powerlifting	EQ & CL	Guayaquil (ECU)	24.6.22
TBC	European U15 & U17	Weightlifting		(RUS ???) TBC	

12.4.22

September					
3	Champ. Ligue LFPH	Power + BP	EQ & CL	LFPH	
9 - 11	W.E.C. (championnat par équipe/6 max/équipe)	Powerlifting	EQ & CL	Aulnat (FRA)	9.7.22
10					18.8.22
17 + 18 ? TBC	Championnat LFPH	weightlifting		LFPH	
24 or 25 TBC	Championnats de Belgique Sub-Jun, Jun, Masters + VGPF Kamp.	Powerlifting	Classic	VGPF/TBC	
TBC	Arnold Classic Europe (on best pts; invitation of EPF/IPF)	Power + BP	EQ & CL	Birmingham (GBR) ? TBC	
Oktober					
1	RESERVE / VOORBEHOUDEN				
8	RESERVE / VOORBEHOUDEN				
09 - 15	World Masters	powerlifting	EQ & CL	St-John's (CAN)	8.8.22
15	CONSEIL ADMINISTRATION Ligue Francophone	ADMIN		PETIT-ENGHIEU	
15 - 25	! EUROPEAN Jun & U23	Weightlifting		Tirana (ALB)	
22	Championnats de Belgique OPEN (Seniors)	Powerlifting	Classic	LFPH	
29 TBC	Championnat de Belgique - BK U15, U17, Jun / BK + VGPF kampschap	Weightlifting		VGPF/TBC	
TBC	! WORLD Seniors	Weightlifting		Chongqing (CHN)	
November					
5	Conseil Administration NATIONAL	ADMIN		Petit-Enghien	
12	Generation Challenge J. Bodart	weightlifting		Seraing	
13	IPF Congress/GA & Rules changes Meeting	Powerlifting		Viborg (DEN)	
14 - 20	WORLD Open	Powerlifting	Equipped	Viborg (DEN)	13.9.22
19 ou 3/12					
26 TBC	Champ. Belgique OPEN H & D / BK OPEN (seniors)	Weightlifting		VGPF	
25/11-4/12	EUROPEAN Open, jun, SubJun	Powerlifting	Classic	Skierewice (POL)	24.9.22
December					
2 - 10	WORLD Masters	Weightlifting		Orlando (USA)	1.10.22
3 ou 19/11	Champ. Belgique PL & BP - H & D / BK PL & Bench Press	Power & BP	Equipped	LFPH	
10 TBC	La Dernière Chance ?? TBC	Weightlifting		LFPH et/ou VGPF ??	
* 17 & 18	BENELUX Tournament	Powerlifting	EQ & CL	Hamm, LUXEMBOURG	16.10.22