

LIGUE FRANCOPHONE DES POIDS ET HALTERES asbl
Vlaamse Gewichtheffers en Powerlifting Federatie vzw

CALENDAR 2022

PL + BP & WL

	* changement / wijziging			Update: 01/11/2021
DATE	COMPETITION	WL/Pow/BP		PLACE
Preliminary				
Final				
January				
29 or 30	1 Tour interclub VGPF haltéro	Weightlifting		VGPF
February				
5				
12	1 Tour Interclub LFPH power + BP	Power + BP	EQ + CL	LFPH
19	1 Tour interclub LFPH haltéro	Weightlifting		LFPH
19 or 20	1 Tour Interclub VGPF power + BP	Power + BP	EQ + CL	VGPF
26				
March				
5				
5 or 6	2 Tour interclub VGPF haltéro	Weightlifting		VGPF
8 - 13	European Masters CLASSIC powerlifting	Powerlifting	Classic	Vilnius (LTH)
12	2 Tour Interclub LFPH power + BP	Power + BP	EQ + CL	LFPH
12 TBC	2 Tour Interclub VGPF power + BP	Power + BP	EQ + CL	VGPF
19				
Di 20	Conseil d'Administration + Assemblé Générale de la Ligue Francophone	ADMIN		Petit-Enghien
20 - 27	World JUNIORS	Weightlifting		Hersonissos (GRE)
23 - 27	EUROPEAN University Cup	Powerlifting	Classic	Hamm (LUX)
26	2 Tour interclub LFPH haltéro	Weightlifting		LFPH
April	Vac.Pâques 04 - 18 Paasvakantie			
2				
9	Conseil d'Administration & AG NAT	ADMIN		Petit-Enghien
23 TBC	3 Tour Interclub VGPF power + BP	Power + BP	EQ + CL	VGPF
23				
30 TBC	3 Tour interclub VGPF haltéro	Weightlifting		VGPF

5 January

19 January

21 January

May					
2 - 8	EUROPEAN Open - SubJun - Jun	Powerlifting	Equipped	Pilsen (CZE)	1/ March
7	3 Tour interclub LFPH haltéro	Weightlifting		LFPH	
14	3 Tour Interclub LFPH power + BP	Power + BP	EQ + CL	LFPH	
21					
21-29	World Champ.	Bench press	EQ & CL	Almaty (KAZ)	
28					
TBC	World Youth & U15	Weightlifting		San Luis (MEX)	March
TBC	EUROPEAN Seniors	Weightlifting		Sofia (BUL)	March
June	Pentecôte 5-6 Pinksteren				
4	Championnat de Belgique des Clubs - BK Clubs	POW + BPS	EQ & CL	VGPF	
6 - 12	World OPEN	Powerlifting	Classic	Sun City (S-Afr)	
11	Championnat de Belgique des Clubs - BK Clubs	Weightlifting		LFPH	4/apr
18 TBC	BELUX date à confirmer TBC	Power ou WL		BEL ou LUX	TBC
25 TBC	BELUX date à confirmer TBC	Power ou WL		BEL ou LUX	TBC
25 TBC	Edmond Decottignies ?	Weightlifting		Comines (FRA)	
July					
2					
6 - 10	EUROPEAN Masters	Powerlifting	Equipped	Eskilstuna (SWE)	5/ May
7 - 17	World Games	Powerlifting	Equipped	Birmingham (USA)	
9					
TBC	International Tournament Masters & "Ladies Open" + CB Masters - BK Masters	Weightlifting		Waregem	
23					
25 - 29	FISU	Power & WL		Moscow (RUS)	23/ May
30					
August					
2 - 7	EUROPEAN Open, SubJun, Jun, Masters	Bench Press	EQ & CL	Gyor (HUN)	1/jun
6					
13					
20					
21 - 29	EUROPEAN Masters Championships	Weightlifting		Raszyn (POL)	
25 -28	STAGE LFPH	Halt + Pow/BP		Berck sur Mer (FRA)	
26/8-04/09	WORLD SJun & Jun Powerlifting Championships	Powerlifting	EQ & CL	Guayaquil (ECU)	24/jun

September					
3	Champ. Ligue LFPH	Power + BP	EQ & CL	LFPH	
3 TBC	Champ. Ligue VGPF	Power + BP ?	EQ & CL	VGPF	
9 - 11	W.E.C. (championnat par équipe/6 max/équipe)	Powerlifting	EQ & CL	Aulnat (FRA)	7/jul
10					
17	Championnat LFPH	weightlifting		LFPH	
24 TBC	Championnats de Belgique Sub-Jun, Jun, Masters + VGPF Kammp.	Powerlifting	Classic	VGPF	
TBC	Arnold Classic Europe (on best pts; invitation of EPF/IPF)	Power + BP	EQ & CL	??	
October					
1	RESERVE / VOORBEHOUDEN				
8	RESERVE / VOORBEHOUDEN				
09 - 15	World Masters	powerlifting	EQ & CL	St-John's (CAN)	8/aug
15	CONSEIL ADMINISTRATION Ligue Francophone	ADMIN		PETIT-ENGHIEU	
22	Championnats de Belgique OPEN (Seniors)	Powerlifting	Classic	LFPH	
29 TBC	Championnat de Belgique - BK U15, U17, Jun / BK + VGPF kampioenschap	Weightlifting		VGPF	
TBC	! EUROPEAN Jun & U23	Weightlifting		Tirana (ALB)	
TBC	! WORLD Seniors	Weightlifting		Chongqing (CHN)	
November					
5	Conseil Administration NATIONAL	ADMIN		Petit-Enghien	
12	Generation Challenge J. Bodart	weightlifting		Seraing	
13	IPF Congress/GA & Rules changes Meeting	Powerlifting		Viborg (DEN)	
14 - 20	WORLD Open	Powerlifting	Equipped	Viborg (DEN)	13/sep
19					
26 TBC	Champ. Belgique OPEN H & D / BK OPEN (seniors)	Weightlifting		VGPF	
25/11-4/12	EUROPEAN Open, jun, SubJun	Powerlifting	Classic	Skieriewice (POL)	24/sep
December					
2 - 10	WORLD Masters	Weightlifting		Orlando (USA)	
3	Champ. Belgique PL & BP - H & D / BK PL & Bench Press	Power & BP	EQ & CL	LFPH	
10 TBC	La Dernière Chance TBC ou Benelux ?? TBC	Weightlifting		LFPH et/ou VGPF	
17	La Dernière Chance TBC ou Benelux ?? TBC	Weightlifting		LFPH et/ou VGPF	