

LIGUE FRANCOPHONE DES POIDS ET HALTERES
Vlaamse Gewichtheffers en Powerlifting Federatie
CALENDAR 2021

* CHANGES

Update: 02.04.2021
indien de Covid maatregelen OK
si restrictions COVID OK

DATE	COMPETITIONS	WL/Pow/BP		VENUE
February				
7	Micro VGPF match (enkel voor topsporter-ELITES)	Weightlifting		GAND
March				
5	Micro VGPF match (enkel voor topsporter-ELITES)	Weightlifting		GAND
Di 7	AGE & élections 2020 + CAE 2020 LFPH	ADMIN LFPH		visio-meeting
13	Micro VGPF match power + BP (enkel voor topsporter)	Power + BP	EQ + CL	Wilsele
19	Micro VGPF match (enkel voor topsporter-ELITES)	Weightlifting		GAND
April				
Vac. Pâques 5 – 18 Pasen				
3 - 11	EUROPEAN Seniors	Weightlifting		Moscou (RUS)
3				
10				
17				
24				
Di 25	2 Inter VGPF haltéro indien OK voor de Covid maatregelen	Weightlifting		Bink's Base Jabbeke
30/4 – 2/05-	EUROPEAN Union Cup Postponed-new date TBC	Weightlifting		Cotonera (Malta)
May				
Pentecôte 23-24 Pinksteren				
1	👍 CA LFPH 2021 - si restrictions COVID OK sinon reporté au 8/05	ADMIN LFPH		PETIT-ENGHIEN
8	👍 AG LFPH 2021 - si restrictions COVID OK sinon reporté au 22/05	ADMIN LFPH		PETIT-ENGHIEN
9	Challenge de relance LFPH haltéro	Weightlifting		LFPH TBC
10 - 15	South American, Ibero-American & OPEN Senior	Weightlifting		Cali (COL)
15	Challenge de relance LFPH power & BP	Power + BP	EQ + CL	LFPH TBC
22	👍 AG 2021 LFPH (voir 8 mai)	ADMIN LFPH or NAT		PETIT-ENGHIEN
Di 23	3 Interclub VGPF haltéro	Weightlifting		VGPF
23 -31	! WORLD JUNIORS	Weightlifting		Tashkent (UZB)
29	👍 CA & AG 2021 NAT sera reporté à une date ultérieure - zal naar en latere datum worden verschoven	ADMIN NAT		PETIT-ENGHIEN
29 or 30	3 Inter VGPF power + BP	Power + BP	EQ + CL	VGPF
June				
5	Critérium 1 LFPH haltéro	Weightlifting		LFPH
5 TBC	Alpe Adria Internat tournament	Weightlifting		Ljubljana (SLO)
12	Critérium 1 LFPH power & BP	Power + BP	EQ + CL	LFPH
13	Match amical officiel entre HNS-GarGym-Kracht Kliniek - officiële vriendschappelijke wedstrijd : HNS - GarGym - Kracht Kliniek	Powerlifting	EQ & CL	HNS
19				
26	Critérium 2 LFPH haltéro	Weightlifting		LFPH

July				
3	Criterion 2 LFPH Power & BP	Power + BP	EQ & CL	LFPH
5 - 10	WORLD University CL Powerlifting Cup	Powerlifting	Classic	Vilnius (LTH)
7 - 17	EUROPEAN Masters	Powerlifting	EQ & CL	Pilsen (CZE)
10				
17				
23/7 - 8/08	Olympic Games (JO)	Weightlifting		Tokyo (JPN)
August				
3 - 8	EUROPEAN Open, Jun, SubJun	Powerlifting	Equipped	Pilsen (CZE)
7	VGPF Kampioenschap	powerlifting	EQ & CL	VGPF
20 - 27	EUROPEAN YOUTH (U15 & U17)	Weightlifting		place TBC (POL)
22 - 28	WORLD SJun & Jun Powerlifting Championships	Powerlifting	Equipped	Oradea (ROM)
26 - 28	EUROPEAN University Cup	Powerlifting	Classic	Mérignac (FRA)
26 - 29	STAGE LFPH	Power+BP+Halt		Berck sur Mer
September				
3 - 5	W.E.C. (team championships)	Powerlifting	EQ & CL	Hamm (LUX)
7 - 12	EUROPEAN Open, Jun, SubJun	Bench press	EQ & CL	Ekaterinburg (RUS)
11	Championnat Ligue LFPH - ALL	weightlifting		LFPH
17 - 19	Arnold Classic Europe (on best pts & by EPF/IPF invitation)	Power & DL	Classic	Sevilla (ESP)
18 TBC	Championnat Ligue LFPH - ALL	powerlifting	EQ & CL	LFPH
20 - 29	WORLD Youth (U15 & U17)	Weightlifting		Tashkent (UZB)
23 - 3/10	WORLD Open, Sjun & Junior	Powerlifting	Classic	Minsk (BLR)
24 - 3/10	! EUROPEAN Jun & U23	Weightlifting		Rovaniemi (FIN)
25	Championnats de Belgique -all / BK -all	bench Press	EQ & CL	VGPF
October				
2	Champ. Belgique H & D/ All - BK Power H & d / All	powerlifting	Equipped	VGPF
8 - 17	World Masters	powerlifting	EQ & CL	Potchefstroom (S-Afr)
9 TBC	Champ. Ligue LFPH BP	Bench press	EQ & CL	Bid : La Louv TBC
15 - 23	EUROPEAN Masters Championships	Weightlifting		Alkmaar (NED)
16 👍	CONSEIL ADMINISTRATION Ligue Francophone	ADMIN LFPH		PETIT-ENGHIEN
21 - 31	! WORLD BP /Open, SubJun, Jun, Masters	Bench press	EQ & CL	Almaty (KAZ)
23	Champ.Belgique - BK S-Jun, Jun, Masters	Powerlifting	Classic	LFPH
30	Champ. Belgique - BK U15, U17, Junior & masters + Generation Challenge J.Bodart	Weightlifting		SERAING
?? TBC	VGPF kampioenschap	Weightlifting		VGPF
November				
6 👍	Conseil Administration NATIONAL - Nat RvB	ADMIN NAT		PETIT-ENGHIEN
8 - 14	IPF WORLD Open	Powerlifting	Equipped	Stavanger (NOR)
13				
20	Championnats de Belgique - Open - BK	Powerlifting	Classic	VGPF
27	Champ. Belgique Open BK H & D	Weightlifting		LFPH
Date TBC	IWF WORLD Open	Weightlifting		Lima (PER)
December				
03 - 12	EUROPEAN Open, jun, SubJun	Powerlifting	Classic	Västerås (SWE)
4				
11				
18	Internat. Tournament Masters & "Ladies Open"	Weightlifting		Waregem
25	Noël - Kerstmis			



Salle réservée - zaal gereserveerd