

-53 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ		110				110
BP		75				75
DL	De Greve Gianni	122.5			De Greve Gianni	122.5
TOT		305				305

Junior

LIFT	NAT		LFPH		VGPF	
SQ		165				165
BP		85				85
DL		170				170
TOT		420				420

Senior

LIFT	NAT		LFPH		VGPF	
SQ						
BP						
DL						
TOT						

-59 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ		135				135
BP		90				90
DL	Emmerechts Ken	150			Emmerechts Ken	150
TOT		365				365

Junior

LIFT	NAT		LFPH		VGPF	
SQ		175				175
BP	De Groote Kenny	95			De Groote Kenny	95
DL		180				180
TOT		445				445

Senior

LIFT	NAT		LFPH		VGPF	
SQ		205	Nalinne Michael	170		205
BP	Nalinne Michael	122.5	Nalinne Michael	122.5		120
DL		210	Nalinne Michael	175		210
TOT		535	Nalinne Michael	462.5		535

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ		145				145
BP		115				115
DL		150				150
TOT		410				410

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ		140				140
BP		100				100
DL		145				145
TOT		385				385

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ		115				115
BP		85				85
DL		120				120
TOT		320				320

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		105				105
BP		65				65
DL		110				110
TOT		280				280

-66 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Mignolet Geoffrey	187.5	Mignolet Geoffrey	187.5		140
BP	Mignolet Geoffrey	130	Mignolet Geoffrey	130		100
DL	Mignolet Geoffrey	212.5	Mignolet Geoffrey	212.5	VanHerewegen Masimo	150
TOT	Mignolet Geoffrey	520	Mignolet Geoffrey	520		390

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Mignolet Geoffrey	187.5	Mignolet Geoffrey	187.5		185
BP	Mignolet Geoffrey	130	Mignolet Geoffrey	130	Wijns Maarten	125
DL	Mignolet Geoffrey	212.5	Mignolet Geoffrey	212.5	Wijns Maarten	200
TOT	Mignolet Geoffrey	520	Mignolet Geoffrey	520	Wijns Maarten	500

Senior

LIFT	NAT		LFPH		VGPF	
SQ		215	Nalinne Michael	190		215
BP	Mignolet Geoffrey	130	Mignolet Geoffrey	130		130
DL		220	Mignolet Geoffrey	212.5		220
TOT		565	Mignolet Geoffrey	520		565

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ		160	Ferrari Jean Paul	140		160
BP		125	Ferrari Jean Paul	85		125
DL	Ferrari Jean Paul	165	Ferrari Jean Paul	165		165
TOT		450	Ferrari Jean Paul	387.5		450

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ		150				150
BP		110				110
DL		155				155
TOT		415				415

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ		125				125
BP		90				90
DL		130				130
TOT		345				345

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		110				110
BP		70				70
DL		115				115
TOT		295				295

-74 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Mignolet Geoffrey	240	Mignolet Geoffrey	240	Kerremans Jonathan	220
BP	Mignolet Geoffrey	152.5	Mignolet Geoffrey	152.5	Kerremans Jonathan	145
DL	Mignolet Geoffrey	240	Mignolet Geoffrey	240	Kerremans Jonathan	227,5
TOT	Mignolet Geoffrey	622.5	Mignolet Geoffrey	622.5	Kerremans Jonathan	592,5

Junior

LIFT	NAT		LFPH		VGPF	
SQ	De Visscher Geovanni	245	Mignolet Geoffrey	240	DeVisscher Geovanni	245
BP	De Visscher Geovanni	215	Mignolet Geoffrey	165	DeVisscher Geovanni	215
DL	Mignolet Geoffrey	250	Mignolet Geoffrey	250	DeVisscher Geovanni	250
TOT	DeVisscher Geovanni	710	Mignolet Geoffrey	650	DeVisscher Geovanni	710

Senior

LIFT	NAT		LFPH		VGPF	
SQ	De Visscher Geovanni	245	Servotte Geoffroy	242,5	De Visscher Geovanni	245
BP	De Visscher Geovanni	215	Servotte Geoffroy	175	De Visscher Geovanni	215
DL	Van Hee Emerik	255	Mignolet Geoffrey	250	Van Hee Emerik	255
TOT	DeVisscher Geovanni	710	Servotte Geoffroy	655	De Visscher Geovanni	710

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	220	Remy Roger	220	Vandavelde Roger	220
BP	Vandavelde Roger	145	Quertinmont Jean	132.5	Vandavelde Roger	145
DL	Remy Roger	247.5	Remy Roger	247.5	Vandavelde Roger	220
TOT	Remy Roger	587.5	Remy Roger	587.5	Vandavelde Roger	580

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	220	Remy Roger	220	Vandavelde Roger	220
BP	Vandavelde Roger	145	Quertinmont Jean	125,5	Vandavelde Roger	145
DL	Remy Roger	247.5	Remy Roger	247.5	Vandavelde Roger	220
TOT	Remy Roger	587.5	Remy Roger	587.5	Vandavelde Roger	580

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Vandavelde Roger	220	Remy Roger	215	Vandavelde Roger	220
BP	Vandavelde Roger	145	Remy Roger	105	Vandavelde Roger	145
DL	Remy Roger	238	Remy Roger	238	Vandavelde Roger	220
TOT	Vandavelde Roger	580	Remy Roger	550	Vandavelde Roger	580

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		120				120
BP		80				80
DL		125				125
TOT		325				325

-83 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Kerremans Jonathan	220	Strijthagen Killan	150	Kerremans Jonathan	220
BP	Kerremans Jonathan	152,5	Strijthagen Killan	110	Kerremans Jonathan	152,5
DL	VanGeeteruyen Wytse	230,5	Strijthagen Killan	205	VanGeeteruyen Wytse	230,5
TOT	Kerremans Jonathan	602,5	Strijthagen Killan	465	Kerremans Jonathan	602,5

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Penasse Tanguy	310	Penasse Tanguy	310	Kerremans Jonathan	260,5
BP	De Visscher Giovanni	250	Penasse Tanguy	195	De Visscher Giovanni	250
DL	Penasse Tanguy	275	Penasse Tanguy	275	Kerremans Joanathan	250
TOT	Penasse Tanguy	772.5	Penasse Tanguy	772.5	De Visscher Giovanni	760

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Penasse Tanguy	310	Penasse Tanguy	310	VanDePerre Vincent	262.5
BP	De Visscher Giovanni	250	Penasse Tanguy	195	De Visscher Giovanni	250
DL	Penasse Tanguy	275	Penasse Tanguy	275	VanDePerre Vincent	262.5
TOT	Penasse Tanguy	772.5	Penasse Tanguy	772.5	De Visscher Giovanni	760

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	226	Remy Roger	226	Vandevelde Roger	225
BP	Theys Jan	170	Reybrouck Daniel	155	Theys Jan	170
DL	Remy Roger	250	Remy Roger	250	Theys Jan	230
TOT	Remy Roger	588.5	Remy Roger	588.5	Vandevelde Roger	575

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	226	Remy Roger	226	Vandevelde Roger	225
BP	Reybrouck Daniel	155	Reybrouck Daniel	155	Vandevelde Roger	140
DL	Remy Roger	250	Remy Roger	250	Vrijders Eddy	210
TOT	Remy Roger	588.5	Remy Roger	588.5	Vandevelde Roger	575

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Remy Roger	226	Remy Roger	226	Vandevelde Roger	225
BP	Reybrouck Daniel	155	Reybrouck Daniel	155	Vandevelde Roger	140
DL	Remy Roger	237.5	Remy Roger	237.5	Vandevelde Roger	210
TOT	Remy Roger	588.5	Remy Roger	588.5	Vandevelde Roger	575

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ	Lazou Jozef	180	Reybrouck Daniel	135	Lazou Jozef	180
BP	Reybrouck Daniel	155	Reybrouck Daniel	155	Lazou Jozef	95
DL	Lazou Jozef	185	Reybrouck Daniel	152.5	Lazou Jozef	185
TOT	Lazou Jozef	460	Reybrouck Daniel	425	Lazou Jozef	460

-93 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Elpers Mathias	187.5	Ausloos Matthieu	142,5	Elpers Mathias	187.5
BP		130	Ausloos Matthieu	115		130
DL	Elpers Mathias	210	Ausloos Matthieu	175	Elpers Mathias	210
TOT	Elpers Mathias	517.5	Ausloos Matthieu	432,5	Elpers Mathias	517.5

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Peeters Alan	300	Lory Florian	231	Peeters Alan	300
BP	Peeters Alan	185	Lory Florian	157,5	Peeters Alan	185
DL	Peeters Alan	292,5	Lory Florian	241	Peeters Alan	292,5
TOT	Peeters Alan	767,5	Lory Florian	623	Peeters Alan	767,5

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Penasse Tanguy	310	Penasse Tanguy	310	Peeters Alan	300
BP	DeSaedeleer Lieven	213	Servotte Geoffroy	212.5	DeSaedeleer Lieven	213
DL	Peeters Alan	292,5	Laguesse Alain	280	Peeters Alan	292,5
TOT	Penasse Tanguy	785	Penasse Tanguy	785	Peeters Alan	767,5

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Vandenwinkele Fred	242.5	Vandenwinkele Fred	242.5	De Ro Jean Marc	220
BP		160	Reybrouck Daniel	155.5		160
DL	Vandenwinkele Fred	240	Vandenwinkele Fred	240	Van Mulders Christian	237,5
TOT	Vandenwinkele Fred	600	Vandenwinkele Fred	600	De Ro Jean Marc	602,5

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Van Mulders Christian	205	Reybrouck Daniel	160	Van Mulders Christian	205
BP	Van Mulders Christian	157,5	Reybrouck Daniel	155.5	Van Mulders Christian	157,5
DL	Van Mulders Christian	237,5	Palazzo Vincent	182.5	Van Mulders Christian	237,5
TOT	Van Mulders Christian	600	Reybrouck Daniel	485	Van Mulders Christian	600

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Reybrouck Daniel	160	Reybrouck Daniel	160		155
BP	Reybrouck Daniel	155.5	Reybrouck Daniel	155.5	Theyssens Martin	117.5
DL	Palazzo Vincent	182.5	Palazzo Vincent	182.5		160
TOT	Reybrouck Daniel	485	Reybrouck Daniel	485		430

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ	Reybrouck Daniel	160	Reybrouck Daniel	160	Theyssens Martin	140
BP	Reybrouck Daniel	155.5	Reybrouck Daniel	155.5	Theyssens Martin	117.5
DL	Palazzo Vincent	182.5	Palazzo Vincent	182.5	Theyssens Martin	152.5
TOT	Reybrouck Daniel	485	Reybrouck Daniel	485	Theyssens Martin	410

-105 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Elpers Mathias	215			Elpers Mathias	215
BP		135				135
DL	Elpers Mathias	232,5			Elpers Mathias	232,5
TOT	Elpers Mathias	580			Elpers Mathias	580

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Peeters Alan	345	Lefranc Bryan	243,5	Peeters Alan	345
BP	Peeters Alan	222,5	Lefranc Bryan	185,5	Peeters Alan	222,5
DL	VanHeesvelde Jeroen	300	Lefranc Bryan	270,5	VanHeesvelde Jeroen	300
TOT	Peeters Alan	857,5	Lefranc Bryan	699,5	Peeters Alan	857,5

Senior

LIFT	NAT		LFPH		VGPF	
SQ	VanHeesvelde Jeroen	347,5	Gajewski Sebastien	280	VanHeesvelde Jeroen	347,5
BP	VanHeesvelde Jeroen	260	Gajewski Sebastien	193	VanHeesvelde Jeroen	260
DL	VanHeesvelde Jeroen	325	Lefranc Bryan	270,5	VanHeesvelde Jeroen	325
TOT	VanHeesvelde Jeroen	922,5	Gajewski Sebastien	703	VanHeesvelde Jeroen	922,5

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Vandewinkele Frederic	240	Vandewinkele Frederic	240		235
BP	De Vos Christophe	177	De Vos Christophe	177		165
DL	Dechany Marc	255	Dechany Marc	255		240
TOT		640	Vandewinkele Frederic	611,5		640

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Piret Serge	225	Piret Serge	225		205
BP	Piret Serge	155	Piret Serge	155		145
DL	Monseu Serge	252,5	Monseu Serge	252,5		210
TOT	Piret Serge	607,5	Piret Serge	607,5		560

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ	Monseu Serge	205,5	Monseu Serge	205,5		160
BP	Monseu Serge	128	Monseu Serge	128		120
DL	Monseu Serge	252,5	Monseu Serge	252,5	Demars Yvan	180
TOT	Monseu Serge	583	Monseu Serge	583		445

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		140				140
BP		100				100
DL		145				145
TOT		385				385

-120 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Goeman Glenn	240	Coorevits Vincent (FR)	90	Goeman Glenn	240
BP	Goeman Glenn	140	Coorevits Vincent (FR)	145	Goeman Glenn	140
DL	Goeman Glenn	270	Coorevits Vincent (FR)	125	Goeman Glenn	270
TOT	Goeman Glenn	650	Coorevits Vincent (FR)	360	Goeman Glenn	650

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Ringoot Steve	330	Lefranc Bryan	260	Ringoot Steve	330
BP	Ringoot Steve	225	Lefranc Bryan	195	Ringoot Steve	225
DL	Ringoot Steve	300	Lefranc Bryan	275	Ringoot Steve	300
TOT	Ringoot Steve	830	Lefranc Bryan	730	Ringoot Steve	830

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Bilican Orhan	425	Collart Jean Luc	370	Bilican Orhan	425
BP	Bilican Orhan	334	Nemtsov Igor (Rus)	250	Bilican Orhan	334
DL	Bilican Orhan	330	Collart Jean Luc	310	Bilican Orhan	330
TOT	Bilican Orhan	1077,5	Nemtsov Igor	910	Bilican Orhan	1077,5

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Collart Jean Luc	370	Collart Jean Luc	370		245
BP	Collart Jean Luc	225	Collart Jean Luc	225		175
DL	Collart Jean Luc	310	Collart Jean Luc	310		250
TOT	Collart Jean Luc	890	Collart Jean Luc	890		670

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ	Collart Jean Luc	370	Collart Jean Luc	370		215
BP	Collart Jean Luc	225	Collart Jean Luc	225		155
DL	Collart Jean Luc	310	Collart Jean Luc	310		220
TOT	Collart Jean Luc	890	Collart Jean Luc	890		590

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ		170				170
BP		125				125
DL		175				175
TOT		470				470

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		145				145
BP		105				105
DL		150				150
TOT		400				400

+120 H**Sub-Junior**

LIFT	NAT		LFPH		VGPF	
SQ	Dechamps Sebastien	320	Dechamps Sebastien	320		230
BP	Dechamps Sebastien	187.5	Dechamps Sebastien	187.5		145
DL	Dechamps Sebastien	292.5	Dechamps Sebastien	292.5		230
TOT	Dechamps Sebastien	800	Dechamps Sebastien	800		605

Junior

LIFT	NAT		LFPH		VGPF	
SQ	Dechamps Sebastien	372,5	Dechamps Sebastien	372,5	Ringoot Steve	360
BP	Dechamps Sebastien	250	Dechamps Sebastien	250	Ringoot Steve	222.5
DL	Dechamps Sebastien	305,5	Dechamps Sebastien	305,5	Ringoot Steve	305
TOT	Dechamps Sebastien	913	Dechamps Sebastien	913	Ringoot Steve	872.5

Senior

LIFT	NAT		LFPH		VGPF	
SQ	Bilican Orhan	405	Dechamps Sebastien	372,5	Bilican Orhan	405
BP	Bilican Orhan	315	Dechamps Jerome	260	Bilican Orhan	315
DL	Ringoot Steve	325	Dechamps Sebastien	305,5	Ringoot Steve	325
TOT	Bilican Orhan	1040	Dechamps Jerome	920,5	Bilican Orhan	1040

Master 1 (40+)

LIFT	NAT		LFPH		VGPF	
SQ	Patru Valentin	330	Patru Valentin	330		255
BP	Patru Valentin	197,5	Patru Valentin	197,5		180
DL	Patru Valentin	292,5	Patru Valentin	292,5		260
TOT	Patru Valentin	810	Patru Valentin	810		695

Master 2 (50+)

LIFT	NAT		LFPH		VGPF	
SQ		220				220
BP		160				160
DL		225				225
TOT		605				605

Master 3 (60+)

LIFT	NAT		LFPH		VGPF	
SQ		175				175
BP		130				130
DL		180				180
TOT		485				485

Master 4 (70+)

LIFT	NAT		LFPH		VGPF	
SQ		150				150
BP		110				110
DL		155				155
TOT		415				415